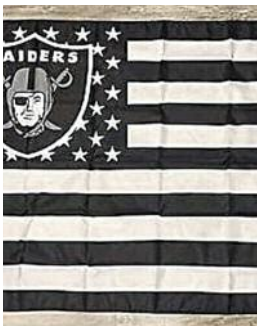




**Seniors Benefitted**  
This firecracker moved mountains for the benefit of the caregivers industry in Hawai'i.  
**Page 1**



**Who Ya Got, or "Hugot?"**  
Some think it's a Silver & Black nation as foretold by a messiah or something.  
**Page 1**



**Where We Came From**  
The importance of understanding the continuity of our family's generations. Lucy Peros explains in her monthly column.  
**Page 7**



# Fil-Am Voice

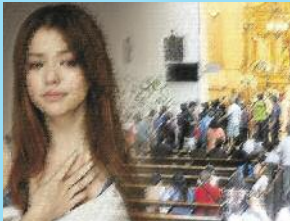
Magkaisa Tayong Lahat | "Let Us All Unite"

September 2018 • Vol 2 No 9 | FILIPINO AMERICAN VOICE • UPLIFTING OUR COMMUNITY | FREE

## inside



**Struck down but not destroyed!** The resiliency of the Simplicianos.  
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**While at Junior's funeral...** More revelations given by Ate Nora.  
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**That was then, this is now.** The metrics of politics have changed over time!  
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## The Silver Tsunami

Caregiving for our aging population.

Alfredo G. Evangelista | ASSISTANT EDITOR

**M**au'i's growing aging population increasingly impacts lifestyle and healthcare options over generations. While multi-generational households persist for many reasons, the challenges posed by senior caregiving are requiring families to make some difficult choices.

Eighteen years ago, my gravely ill father Elias bounced back and forth between Maui Memorial Medical

Center (MMMC) and home. After a lengthy stay at MMMC, my eighty-one-year-old dad briefly transferred to Hale Makua in Wailuku until he could regain his strength to return home. The transition also provided time for my mother Catalina to be trained as his caregiver and to ensure our house could accommodate my Dad's needs.

My then seventy-five-year-old Mom needed some assistance

see SILVER next page



Caregivers play a vital role in the wellness of our aging community. How we all will fare in our later years will be dependent on the strength and vibrance on this often-overlooked sector-industry of our society.

PHOTO ALFREDO EVANGELISTA



**T**he National Football League (NFL) remains the American sports juggernaut. With only thirty-two NFL franchises, Hawai'i is one of twenty-eight states without a professional football team (when the Raiders move to Las Vegas in 2020, there will be twenty-seven unless you count SinCity as the ninth island). So who do some well-known Maui people follow?

Here's what some of them say.

State Senator Sen. **Rosalyn**

**Baker** (West & South Maui): "Washington Redskins—started out as an Oiler fan, grew up near Houston, moved to DC and the team of choice was the Redskins—Sonny Jurgensen and Joe Theismann era. But in reality, I don't follow any teams any more until the playoffs and I don't have a favorite player these days except maybe Marcus Mariota."

Maui County Deputy Prosecuting Attorney and Maui Filipino of Chamber of Commerce Foundation scholarship guru

## The NFL Season Kicks Off... Who ya got?

Fil-Am Voice Staff

**Richard Minatoya:** "[Pittsburgh] Steelers. They were awesome in the late 70s. I don't care so much about NFL nowadays. I only follow my college and law school teams. My favorite player is Al Bundy. He scored 4 touchdowns in one game at Polk High. Seriously, I would say Lynn Swann because he played for both USC and the Steelers... even though he's a Republican."

Mayor Alan Arakawa's Chief of Staff **Lynn Araki-Regan:** "New England Patriots all the way! Tom Brady is my all-time favorite!"

Īao Intermediate School Vice-Principal **Edward Garcia:** "Seattle Seahawks, Russell

Wilson. Great coaching, humble player and supportive fans!"

Maui Managing Director **Keith Regan:** "New England Patriots. I grew up with the Patriots and they've always been my team even when they weren't playing so well. Brady is great and I would have said him but I'm going to go with Rob Gronkowski. Here you have this twenty-nine year old guy who has been with the Patriots for nine seasons, only has played for New England and gives every ounce of himself to the team. He's been knocked around and banged up over the years but this guy just

see NFL p.3

FREE









Sharon Zalsos Banaag, Staunch Seattle Seahawks fan, Lynn Araki-Regan, New England Patriots long-time fan, along with Rowena Dagdag Andaya who swears by the Denver Broncos enjoy a day watching the Seahawks vs Patriots game on TV.  
PHOTO COURTESY LYNN ARAKI-REGAN



Jovy Magbual (2nd from left) and fellow Philadelphia Eagles fans watch the Eagles' opening game against the Atlanta Falcons.  
PHOTO COURTESY JOVY MAGBUAL

## NFL...

from p. 1

keeps on coming. He's dedicated, willing to make the sacrifices to win games, and he plays hard. Who doesn't like watching Gronk shake off defenders as he plows his way into the end zone?"

Mystery Maui owners and soon-to-be-wed **Deron Furukawa** and **Kit Zulueta**: "We're probably not much help with this topic. Deron said he likes to follow teams with players from Hawai'i. We support UH for college football."

State Representative **Justin Woodson** (Kahului): "[San Francisco] 49ers... my favorite player right now is Devon Cajuste (even though he was cut from the Browns)."

West Maui Filipino Civic Leader **Rick Nava**: "[New York] Giants. Why? Eli Manning. Favorite Player: Peyton Manning now Aaron Rodgers."

Public Works Deputy Director **Rowena Dagdag-Andaya**: "Despite all the Seattle Seahawks swag that we have at home, my favorite team has always been the Denver Broncos, espe-

cially during the John Elway days. Back then, I played flag football for our girls team at school and although I played guard, one of my favorite things to do was see how far I could throw that ball... just like John Elway! I remember practicing until my arm felt like it was going to fall off, but I was inspired by the Broncos to get better and improve my throw. Today, my favorite NFL

**"My favorite NFL player is Doug Baldwin. He's part-Filipino and proud of it."**

— ROWENA DAGDAG-ANDAYA

player is Doug Baldwin, wide receiver from the Seattle Seahawks. Not only is the guy quick and an awesome catcher but he's also very intelligent and uses his voice to raise awareness for social justice issues and charitable causes. He's also part Filipino and proud of it!"

County of Maui Parks Maintenance Supervisor **Paul Manzano**: "Packers! Aaron Rodgers! We gonna come up short again this year! Wooooooo! At least I'm honest. So, my team is currently the Packers. I'm not the normal fan when it comes to sports. We don't have a Hawai'i team so I'm a constant free agent as a fan. I cheer for my favorite players and not follow the team that he plays for. Players move around so often. Why would I root for a team that doesn't have my favorite player on it? It doesn't make sense to me.

In basketball, I followed Michael Jordan then T-Mac and now Lebron. In football the story goes Montana, Aikman, Manning, Rodgers."

Newly elected State Representative **Troy Hashimoto** (Wailuku): "Denver Broncos - from my college days. We would head to games at Mile High Stadium and growing up they were pretty popular during John Elway's hey day. But my favorite player has to be Marcus Mariota—home state pride!"

Chef de Partie at Grand Wailea's Humuhumunukunukuapua'a **Jovy Magbual**: Of course, the Superbowl champs Philadelphia Eagles! I have been a fan since I was ten years old. My older brother Arnold is also an Eagles fan. So, I like the same team he likes. Remember Hawai'i does not have a professional team. My favorite player of all time is Reggie White also known as

The Minister of Defense. He played with courage, heart, such a humble soul. My favorite player now is Carson Wentz. He is very athletic and his determination of the game is unbelievable. He never gives up on a play; he is a playmaker. Last year he tore his ACL and played one snap and threw a touchdown! Plus, he has his own foun-

see NFL p.5



Does **Lawrence Pascua**, Art Director of the Fil-Am Voice feel slighted he was not part of this article? "Surely not," he said with a grunt. Pascua chose the Eagles to take home last season's Superbowl as early as August of the previous year. This year, he's back with his all-time favorite, the L.A. Rams as his pick to take home the Superbowl LIII victory in 2019.



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## From the Editor's Desk

Tante Urban  
EDITOR & PRESIDENT • FIL-AM VOICE

# Caregivers Play An Important Role

It goes without saying that Caregivers play an important role for families. They are also a significant sector of our small business community and save government a ton of money.

From a small business perspective, care home and adult foster home operators face many challenges such as being on-duty for 24 hours, the loss of personal and family time, government rules and regulations, and in some cases, difficult residents.

From a family perspective, without caregivers, what would happen to our elderly?

Where would our elderly go? Who would take care of them? What personal sacrifices are needed to take care of our elderly and are we ready to make them?

Personally, I'm fortunate to have a loving and caring sister—Donna Urban Higuchi—who stepped up to the plate to take care of my Dad Daniel when he became ill. Without my sister's

sacrifice, I really don't know what would have happened, especially because as a restaurant/business owner, I need to be continuously on-site. I am lucky and blessed. My Dad received the proper care and attention—and love—that a caregiver can provide.

***"From a family perspective, without caregivers, what would happen to our elderly?"***

—TANTE URBAN

In the caregiving business, Filipinos dominate. I'm not only talking about care home and adult foster homes. In any health care facility—such as Maui Memorial Hospital now known as Maui Health System and Hale Makua, Filipinos are RN's, CNAs, etc. Nationally, we celebrate Nurses' Week and Nursing Home Week in May, Nursing Assistant Week in June, and Home Care Aide Week and Family Caregiving Month in November.

Remember, whenever we celebrate caregivers, we are celebrating members of our Filipino community—and that's another reason to unite and be proud. ✨



**Elsa P. Talavera** is the owner and president of All Island Case Management Company—one of the largest and leading case management companies in the State which has garnered many awards. Talavera is shown here at the SBA awards luncheon.

PHOTO: ALFREDO EVANGELISTA

## Silver...

from p.2

employed at Kula Hospital and Maui Memorial Hospital. "It wasn't in my dreams to be in this field," explained Ulep. "I wanted to go and work in a hotel. I applied but no one called me so I went to MCC for six months to get my CNA license. I started at Kula Hospital right after that." But the recession would play a factor in her future role as a licensed caregiver. "During the recession, it was slow for everyone. My husband Chris got laid off from Dorvin Leis. At that time, we had a hard time paying our mortgage. I was a part-time personal care giver but it was still not enough. So, I decided to go into the Adult Foster Care home business."

But it was not an easy task. "It was difficult to start because I didn't know too many folks in the business as there were only about fifteen to twenty at that time. The application process was difficult. CommunityTies of America [Inc.] which was responsible for licensing the homes, did not come to Maui frequently. They would only come to Maui if there were enough homes to check. At that time, not too many folks were interested in opening an adult foster care home," Ulep said.

Ulep is the current president of the Adult Foster Home Association (AFHA) Maui Chapter, which now has 62 members. Through AFHA, Adult Foster Home owners get their liability insurance, which is currently \$440.00/year. In addition to maintaining insurance, owners are required to undergo annual continuing education—12 hours for those with three residents; eight hours for those with less than three residents.

Aside from the operational challenges, Ulep says her greatest challenge is dealing with behavioral residents—those with psychiatric problems. "You don't know when they

will have a tantrum," Ulep explains. "My greatest reward is when they go see the doctor and they're progressing with their health. The doctor will tell me 'great job' because the resident's health is stable or has improved. For example, one of my residents used to need insulin but now is only on tablets, which is amazing."

Perhaps the most difficult and confusing aspect of the Adult Foster Homes program is financially qualifying for Medicaid. The financial eligibility requirements change every year. For example, in 2018, residents

***"A lot of the elderly do not have family to take care of them. These folks don't have money; they can't go to a nursing home because of the expense."***

—ELSA P. TALAVERA

are limited to an annual income of \$18,567 or \$1,547 per month—which is 133-percent of the federal poverty level in Hawai'i. Plus the resident can have no more than \$2,000 in countable assets (excluding their home). There are other requirements, planning techniques, and restrictions such as a five year look back period regarding the transfer of assets so **one needs to consult with a knowledgeable professional to help the family through the**

**Medicaid maze.** Don't rely on anecdotal experience. The State of Hawai'i has a website that provides some guidance: mybenefits.hawaii.gov/medicaid-faqs/. Case Management Agencies, which coordinate the health care requirements of each resident, can also help applicants qualify for Medicaid. The Department of Health has contracted with CommunityTies of America, Inc. to certify and license the Case Management Agencies.

Elsa P. Talavera, owner and president of All Island Case Management Company—one of the largest and leading case management companies in the State which has garnered many awards—explains the role of case management companies is to

see SILVER p.6



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**MAKE IT YOUR PRIORITY!**  
***General Election*** is Tuesday, Nov. 6

... A MESSAGE FROM  
**Fil-Am Voice**



There are those who truly believe in a "Raider Nation" and that this nation will come in 2019!

PHOTO COURTESY JAKE BELMONTE



The Evangelistas at the Oakland Coliseum (above): "Just Win Baby!"

PHOTO: ALFREDO EVANGELISTA



# NFL...

from p. 3

dation called AO1 and he gives back to the community."

Maui Filipino Chamber of Commerce Immediate Past President and newlywed **Sharon Zalsos Banaag**: "Seattle Seahawks! Woot Woot! Having been born and raised in Makati, Manila, I really wasn't exposed to the NFL. Not until my active duty days with the U.S. Air Force many years later. My first and only base was in McChord AFB, Tacoma, Washington. Back in 1999, the Seahawks weren't exactly leading the charts. But nonetheless, they were the team I cheered for and supported while in the service. My favorite player? Why Russell Wilson of course! Since getting married though, his focus shifted and not on football. Grrrr."

Former UH Maui College Culinary School Chef Instructor **Jake Belmonte**: "Oakland Raiders #75 Howie Long (DE) Black Hole (fan section) Raider Nation."

State Senator **Gil Keith-Agaran** (Central Maui): "I don't have a favorite professional football team. I'm a Cincinnati Bengals fan. They played in the first game I can remember as a kid and

since they were behind, QB coach Bill Walsh had Kenny Anderson throwing the ball all over the field. It was a fun game. They haven't been much fun in recent years but if Pete Johnson scores and Cris Collinsworth doesn't fumble in Super Bowl XVI, the Bengals may have become the team of the '80s instead of Bill Walsh's Forty Niners. I liked Kenny Anderson and Collinsworth and OchoCinco in the old days and A.J. Green now."

## Notable Filipinos Who Played in the NFL

**QB Roman Gabriel**  
LOS ANGELES RAMS\*

**LB Tedy LaCap Bruschi**  
NEW ENGLAND PATRIOTS\*

**WR Doug Baldwin**  
SEATTLE SEAHAWKS

**WR/KR Jordan Norwood**  
DENVER BRONCOS

**RB Steve Slaton**  
HOUSTON TEXANS\*

**LB/DE Chris Gocong**

see NFL p.18



# FOR THE RIGHT REASONS

*Governor Ige gets it done. That's Leadership.*



## Mahalo for your Support

My family and I would like to express our sincerest and heartfelt mahalo for your support in the primary election. Because of you, we can continue our efforts to bring the people of our state together to chart a new direction for Hawai'i's future.

As we celebrate, I want to thank you, your friends and your family for your generosity and hard work in telling our story. As we now move toward the General Election in November, I look forward to bringing voters together, and I humbly ask you to support me again, and all candidates in the Democratic Party. Together, we will continue to make Hawai'i the greatest state in our country.

*Me ka ha'aha'a, mahalo nui loa,*



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Silver...

from p.4

“coordinate the care of individuals who are at the nursing home level of care and place them in the community homes.” Talavera, who received her education from the Santa Teresita School of Nursing in Quezon City first became a Licensed Practical Nurse in 1982 and in 1983, passed her Registered Nurse exam. After twenty years as an RN at Kuakini and St. Francis, Talavera left St. Francis in 2002 during the nursing strikes and set up a case management agency.

“I get great satisfaction from my job which is to help find placement for the elderly,” says Talavera, who has clients on every island, with her main office in Honolulu and satellite offices on Maui and in Hilo. “We look for good homes, good caregivers. There’s a lot of people who you can help. A lot of the elderly do not have family to take care of them. These folks don’t have money; they can’t go to a nursing home because of the expense.”

Nursing Homes

The average cost for a nursing home is between \$300 and \$500 per day (\$9,000 to \$15,000 a month). Nursing homes—which are the traditional institutions versus in a family/home setting—are also licensed by the State of Hawai‘i Department of Health and provide ICF and SNF levels of care. Most nursing homes have Medicaid-eligible beds and may also have private pay beds.

On the island of Maui, nursing homes include Hale Makua Health



The Legislature this year passed a bill (HB 1911) which Governor David Ige signed into law (Act 148) authorizing the Department of Health to investigate unlicensed care homes.

PHOTO COURTESY ROSEMINIC ULEP

Services in Kahului (254 beds), Hale Makua Health Services in Wailuku (90 beds), and Kula Hospital (105 beds). (Lāna‘i Community Hospital has 10 beds.)

“Adult Foster homes are saving the State of Hawai‘i a ton of money because the rate is so cheap compared to the nursing home facilities,” said Talavera. Ulep says the monthly cost for Level I residents (those who need minimal assistance as they can walk, feed themselves, and handle their own finances) is \$2,500 for Medicaid clients while the monthly cost for Level II residents (those who need assistance to bathe, have continence problems, and cannot handle their finances) is \$2,700 for Medicaid clients. Ulep says the private patient monthly cost ranges from \$4,000 and up, depending on the level of care.

“There are about 2,500 residents in the community,” says Talavera. “The State is saving about \$7,000 per month per client, which results in an annual savings of over \$210 million to the State.”

Yet the State delays reimbursement to caregivers and case managers, according to Talavera, with the average delay being two to three months.

Delayed reimbursement is not the only government-related problem faced by licensed caregivers. Over the years, unlicensed care homes and unlicensed adult foster homes began operating. The operators would bypass the legal requirements of owning a care home by having the residents sign a rental agreement instead of an agreement to receive health services. State regulators would often be denied access to the illegal care homes

and adult foster homes. The Legislature this year passed a bill (HB 1911) which Governor David Ige signed into law (Act 148) authorizing the Department of Health to investigate unlicensed care homes. Many of the associations representing existing operators such as ARCA and AFHA lobbied hard to ensure HB 1911 became law.

The value of organized efforts

The beginning of organized efforts for caregivers began in the late 1970s. In 1977, there were about two hundred care homes, with over 90-percent of them owned by Filipinos, including Mila Medallon. The first association of care home operators was the United Group of Home Operators (UGHO) founded by Medallon in 1977, with Eleanor Florendo as the first president.

“I founded UGHO because I got upset. The first time the state inspector came, unannounced, I was treated like a criminal. I told her to go to the public phone to call me and I slammed the door in her face,” recalled Medallon. The inspector did go to the public phone (there were no cell phones in 1977) and called Medallon, explaining an inspection of Medallon’s care home was needed.

“I thought to myself, wait a minute. Is this how care home operators are treated in the State? I called my good friend Eleanor and she confirmed that’s how we are treated. We gathered other care home operators for an initial meeting. There were 12 of us in that meeting, we grew to 23, and later we went to the neighbor islands and

see SILVER p.19





# November 6th 2018

The ‘OHANA CANDIDATES will work as a team for the people of Maui. Let’s elect a Mayor and a Council who will work together to get things done!



**Shane SINENCI**



**Natalie "Tasha" KAMA**



**Hannibal STARBUCK**



**Tamara PALTIN**



**Trinette FURTADO**



**Alika ATAY**



**Gabe JOHNSON**



**Kelly KING**



**Keani RAWLINS-FERNANDEZ**

## VOTE FOR ALL 9 COUNTY COUNCIL CANDIDATES

Voter Registration Deadline:  
October 8, 2018  
Walk In Registration/Voting:  
STARTS: October 23, 2018  
ENDS: November 1, 2018  
8:00am 4:30pm  
Wailuku Community Center

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Angelina Ribao Agustin Saiki  
PHOTO COURTESY ANGIE SAIKI

As we all get older, it's inevitable that we will need more care. Some of us will need short term or long term care. Here in Hawai'i, specifically Maui, we are very fortunate to have care facilities like Hale Makua (Kahului and Wailuku), foster care homes (2-3 clients), and care homes (5- or more clients). Hale Makua alone has various programs to offer. For instance, they have Health Day Care Program similar to babysitting for adults. They have Health Rehab where they offer physical therapy, and MEP—Maintenance Exercise Program.

This month's featured *Sakada* Offspring is none other than Angelina (Angie) Saiki. She is a registered nurse at Hale Makua, Kahului. She was born in San Lorenzo, San Nicolas, Ilocos Norte, Philippines on August 31, 1956. She is the only child of the late Francisco and Abelina Ribao Agustin. She was raised by her mother



Francisco and Abelina Agustin on their wedding day  
PHOTO COURTESY ANGIE SAIKI

the Philippines and took seven year old Francisco along in 1936. However, when Francisco turned 29 years old, he came back to Hawai'i with not much trouble because he was a Hawai'i citizen by birth. He was already married to Angie's mother,

Mansing at his side. Sometimes our lives unpredictably take us to a different course beyond our control. When Angie left the Philippines, she left behind a boyfriend whom she adored and loved and they were planning to get married



Francisco Agustin when he came to Hawaii  
PHOTO COURTESY ANGIE SAIKI

Surely the Lord is with us always. Rainbows with lots of color are now scattered in the sky for me, my children and grandchildren.” Dennis Bagay is married to Rachel Esteban. They have two children, Ember (7) and Branden (3). Dennis is the Manager, Slot Department, at Planet Hollywood Hotel and Casino in Las Vegas, Nevada. He is finishing his Masters Degree in Hotel Marketing/Public Administration at Washington State University.

Michael-Kelly Saiki is an Assistant Manager, Slot Department at Bally's/Harrah's Hotel and Casino in Las Vegas, Nevada. He graduated from U.H. Mānoa with a Bachelor of Science degree, majoring in Economics. Michele-Kay Saiki is a U.S. Army Reserve Sgt. (Combat Medic). She completed Pre-nursing pre-requisite classes at U.H. Mānoa and is exploring which university to continue her nursing career. She once worked at Blood Bank of Hawai'i and she is currently employed at Castle Medical Center on O'ahu in the Lab Department. She is presently registered at Kapiolani Community College to continue her nursing career.

In 1980, Angie was hired as a Bed-side Nurse/CNA at Hale Makua Kahului. A few years after that, she passed her LPN License followed by her RN License in Hawai'i. She has been working at a caregiving compassionate environment for more than thirty-eight years at Hale Makua, Kahului. She was also employed at Kaiser Wailuku as a part-time Lab Assistant for a few years. Presently, Angie is a RN Case Manager with Case Management Professionals, Inc. She visits foster homes, care homes, who render passionate care to the elderly to make sure continuity of excellent care is done in the community. She is also an RN Evaluator of the State of Hawai'i, Clinical Instructor at U.H. Maui College, Nursing Department.

Although Angie is a very busy person, she still finds time to help in the church community of Christ The King in Kahului. She's been a Religious Education Catechist since 2002 until present. She takes care of the First Communion Candidate Students. She serves as a Lector and a member of

see ANGELINA p.12

# Angelina Ribao Agustin Saiki

Lucy Peros

and grandmother, the late Simeona Ribao because her father was in Hawai'i. She claimed she was a little spoiled by her mom and grandma and that she took advantage of it. Angie attended Bingao Elementary School, Holy Spirit Academy of San Nicolas and Municipal High School, in San Nicolas. Later, she attended Far Eastern University in Manila emphasizing Pre-nursing courses. After Far Eastern University, she attended St. Anne's School of Nursing in Makati and proceeded to Arellano University in Manila, where she received her Bachelor of Science in Nursing degree. After her college graduation in 1978, Angie came to Hawai'i to be with her Dad, Francisco. She was scheduled to come to Hawai'i earlier right after high school but things did not work out and she preferred to remain in the big city of Manila to attend college. Angie's father, Francisco was born in Hawai'i in 1929. His parents were Jaime and Francisca Agustin who came to Hawai'i from the Philippines in 1928. They worked at the Del Monte Corporation in Kunia, O'ahu. Because of the hardship in raising a family, Francisca Agustin (Angie's grandmother) decided to go back to

Abelina, and Angie was already three years old. Because she was only three years old, her mother described to her when she was older about her dad's coming to Hawai'i—walking to the ship on a wooden plank and throwing colorful crepe paper ribbons to them which signified to them to go and follow the “rainbows of life” and for “greener pastures” in Hawai'i. What an imagery for a little child! He left the Philippines via Manila Harbor on the *S.S. President Wilson*. His sea voyage lasted fourteen days before reaching Hawai'i. Upon arriving in Hawai'i, Francisco worked at the Del Monte Corporation in Kunia, O'ahu like his parents did. He retired as a pineapple planter there. He was well known as the “best planter” and “Union Representative.” He also enjoyed raising chickens and playing cards. Francisco passed away on December 21, 2014 with compassionate care of Angie's stepmom,

someday after he graduated from college. However, when she arrived in Hawai'i, she met another young man, Arsenio Bagay. Unfortunately, their marriage did not work out. Arsenio moved back to the Philippines and died there in 1998. They had a son, Dennis Bagay. Angie singlehandedly raised Dennis for eleven years. That same time, she met Kevin Saiki. They got married and they were blessed with two children, Michael-Kelly and Michelle Kay Saiki. Her life within eighteen years of marriage with Kevin was very challenging according to Angie. So challenging that it made her strive harder and harder. With so many trials and tribulations in her life, Angie with her positive attitude was always ready to accept things head on. What a survivor! She said: “My life puzzles with my three children are slowly getting in place because the Lord says, ‘Don't fear my child, I am always with you.’”

**“Angie singlehandedly raised Dennis for eleven years. That same time, she met Kevin Saiki. They got married and were blessed with two children...”**

– LUCY PEROS



# Kwento Kuwentuhan

## Supporting the Simpli-Fresh Farm

Liza of “A Maui Blog”  
ALL PHOTOS COURTESY LIZA PIERCE

Here on Maui, when I sing the song *Bahay Kubo*, I think of Simpli-Fresh Farm. Not because of they have a *Nipa* Hut but because of the variety of plants, fruits and vegetables they have on their farm. As the song goes “*ang halaman doon ay sari-sari*”.

Have you heard of the Simpli-Fresh farm on Maui before? If not, let me share a brief introduction: Simpli-Fresh Produce, LLC, a West Maui co-operative venture founded and owned by a former Chef, now full-time farmer, James Kimo Simpliciano. Growing up farming and gardening on O’ahu, with his extended family and friends, he now cultivates crops on many acres of land in Lahaina, Maui. Together with his wife Janell, James developed the fallow land into a flourishing farm.

Sadly, on Friday August 23, a devastating fire broke in Lahaina and burned down most of Simpli-Fresh farm. It was a very tragic incident, as people also lost their homes in the



James and Janell Simpliciano shown with their locally grown cacao—one of a variety of fruits and vegetables yielded by their farm.  
PHOTO COURTESY SIMPLICIANO ‘OHANA



Terrible effects of the devastating fire left a burnt Simpli-Fresh Farm. (left)  
PHOTO COURTESY SIMPLICIANO ‘OHANA



An outpouring of community support was reciprocated to James and Janell who served our community. (left)  
PHOTO: ANANDA STONE

A beautiful rainbow overlooked the rebuilding efforts of Simpli-Fresh Farm. (below)  
PHOTO COURTESY SIMPLICIANO ‘OHANA



fire in Lahaina. There is a saying that “you reap what you sow,” and because James and Janell not only sow seeds on the ground but also sow seeds of service and relationships to the community, the community was quick to support them at this time of loss.

A *Go Fund Me* was created by

friends of Simpli-Fresh to help rebuild the farm. The outpouring of support was overwhelming. The initial goal of \$25K was raised to \$100K and donations at the time of this writing is now at \$47K+. There is a lot to do to rebuild the farm but James and Janell were thankful for the support they are receiving from the community. Aside from the *Go Fund Me*, clean up was also organized and about two hundred volunteers showed up to help.

On a *Facebook Live* video that James did after the fire, he mentioned about his grandfather, Concordio Simpliciano, and how he was an inspiration and a mentor to him. Concordio Simpliciano, is a 2nd wave *Sakada*. At the age of 25, Grandpa Concordio and his cousin, Andres Simpliciano arrived in Hawai’i to work in the sugar cane plantation in the early 1920s, during World War I. Grandpa Concordio worked in the Ewa Beach sugar plantation and cousin Andres worked in Pā’ia, Maui. Both were married but left their families back in the Philippines. They were finally reunited with their wives and children in 1941.

takes the initiative to mentor students who aspire to be future farmers, talented chefs, and environmental engineers from Lahainaluna High School, Kamehameha Schools Maui, UH Maui College, and Hui Lau Foundation.

James and Janell are known not only by the locals but also by the many visitors who buy local produce from them at Nāpili Farmers Market.

So next time you teach your kids the song *Bahay Kubo*, remember that it’s not just about the *nipa* hut, it is about sustainability... planting food in our yards and supporting local farmers wherever we may be.

Link to the *Go Fund Me* “Re-build The Farm” [www.gofundme.com/wds-wp-rebuild-the-farm](http://www.gofundme.com/wds-wp-rebuild-the-farm) ✨

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**Liza Pierce** of A Maui Blog is an Interactive Media Strategist in Hawai’i. She started blogging in 2006 and she loves talking story online and spreading aloha around the world. She’s been living on Maui since 1994 and considers Maui her home. A wife, a mother, a friend and so much more. She loves Jesus; Maui Sunsets Catcher; Crazy About Rainbow; End Alzheimer’s Advocate. Her life is full and exciting here on the island of Maui.

Liza is currently the Interactive Media Strategist with Wailea Realty Corp.



# Love, Scandal etc. by Ate Nora

Seventh in a series

**Editor’s Note:** This is a work of fiction. Names, characters, businesses, places, events, locales, and incidents are either the products of the author’s imagination or used in a fictitious manner. Any resemblance to actual persons, living or dead, or actual events is purely coincidental.

“My Dad was a great leader for Diliman City. He accomplished so many things during his service as Mayor of our beloved city. He was a devoted father and loving husband to my Mom, Madame Ofelia Mendoza. We all will miss him,” said Francisco, who had been selected by Ofelia to give Junior’s eulogy. Francisco had followed Monsignor Cadabana who spoke of their love of De La Salle and of creating opportunities for De La Salle’s students.

Maria, who was sitting in St. Mary’s Cathedral with her fellow nursing students from De La Salle, listened intently to Francisco. It had been a crazy two weeks since Junior’s death. Actually, crazy was an understatement—with Junior’s death, Francisco’s surprise announcement they were engaged, and Ofelia’s rage, ending with Maria’s proclamation she was not pregnant.

Immediately after Maria announced her non-pregnancy, she ran away, not wanting to face the Mendoza family and Monsignor Cadabana. As usual, she sought refuge in St. Mary’s Cathedral and was so tempted to give a full confession but she was not yet ready. Later that evening, she met with her bestie Elena at Joe’s.

After a few drinks and some *ini-haw*, Maria told Elena everything. Maria was not ready for Elena’s response: “Girlfriend, I know everything. It’s okay. God did not make only perfect people. Dad had already told me about your situation and Dad thought I should talk with you to make sure you would be able to handle it.” Maria was confused. “Your dad?” she asked Elena. “Oh Maria, you don’t think I know that Monsignor Cadabana is my real dad? I’ve known for about three years now but I didn’t know how to tell you. I know you’re not the judgmental type and you’ve been my best friend since we were ten years old but it took me a while to understand everything and how life is. And it’s a very sensitive subject for my dad because the Vatican is investigating.”

Maria felt a sense of relief and confessed that she had known for quite a long time when she overheard the nuns complaining. Elena, being the oh so cool bestie she was, was not upset. “Thanks for not telling me Maria. I don’t think at that time I would have understood how Life is. You know, after I learned about my real dad, I didn’t speak to my mom for almost six months... but she had a minor breast cancer scare and now we’re good. The only thing is I want to find my other siblings but my dad has been hesitant



Maria cries tears for her late lover and sponsor, Junior Mendoza. At the very last moment, she decides to share her feelings behind the podium at the funeral—but whoah, are those tears for real?

to tell me all of that stuff... but I know sooner or later, he will tell me.”

“So what are you going to do? Are you in love with Francisco? Do you think his mom knows about you and Junior?” The questions kept coming from Elena. Maria didn’t know the answers then but Maria and Elena made a pact to meet every night at Joe’s until they had a clearer idea as to what Maria should do.

Meanwhile, Francisco had tried to text Maria daily but could not reach her. Maria was puzzled that Francisco had not called and forgot that she had purposely blocked him after she ran out of Francisco’s apartment. Francisco had sent over a note and flowers, asking to meet him late one night after the evening prayers. But Maria had not shown up as she had not yet decided what to do.

When Maria learned of the details of Junior’s funeral, she purposely decided she would sit with the rest of her schoolmates from De La Salle. Elena came by to sit with her and held her hand. Maria needed Elena’s support for what she would do next.

After Francisco ended his eulogy, the funeral director asked if anyone else wanted to say a few words. The Mayor of San Francisco—the sister city of Diliman—was first. Rick Chin, who looked to be in his early 40s spoke of the first time he hosted Junior in San Francisco and how they were teamed up during a *Karaoke* contest and sang “*I left my heart in San Francisco*” together. Evidently the Mayor, who was a transsexual, sang the soprano part while Junior sang baritone. The audience nervously laughed when the Mayor emphasized his trans-gender status but politely applauded at the end.

After the Mayor, the funeral director asked if anyone else wanted to share. Maria squeezed Elena’s hand and made her way up to the podium—walking past the Mendoza family, including Francisco and Ofelia.

“Good evening. My name is Maria. I am a nursing student at De La Salle University and Mayor Mendoza was a major influence in my life. I come

from a very poor family in Davao and only after meeting Mayor Mendoza was I able to get accepted at De La Salle University. When I came to Diliman to attend St. Mary’s School, I didn’t know anyone but became best friends with Elena. We became hostesses for San Miguel Company, met Monsignor Cadabana and eventually Mayor Mendoza, who hired me to be his Special Assistant for Special Activ-

ities.”

“I’ve learned a lot from Mayor Mendoza. He encouraged me to be the strongest person I could ever be. He encouraged and supported me in my dream of becoming a nurse. He knew I could not afford the tuition and he and Monsignor Cadabana developed a work study program for nursing students like me.”

Monsignor Cadabana was shocked to hear those words because he had nothing to do with the work study program. He and Junior were very close, had some secret business dealings which Junior had to purposely hide because Junior had not disclosed them as required by law but the work study program was not something Cadabana had any knowledge of.

“But Mayor Mendoza did more than that,” continued Maria. “He established a scholarship for nursing students to study abroad. And I want to publicly thank the Mendoza family for their offer for me to be the first recipient of the Mayor Mendoza scholarship to study at the University of San Francisco. Mayor Chin, I hope to see you there next week when school starts. I hope I can sing a better “*I left my heart in San Francisco*” than Mayor Mendoza.” ✨

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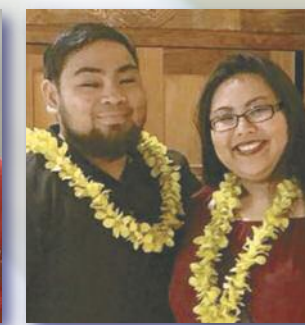
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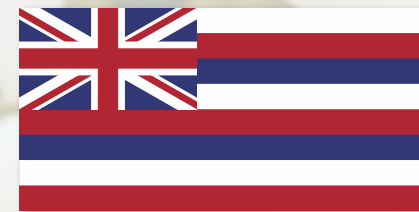
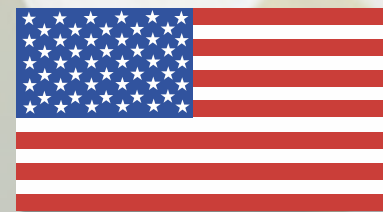
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Angelina...

from p. 7

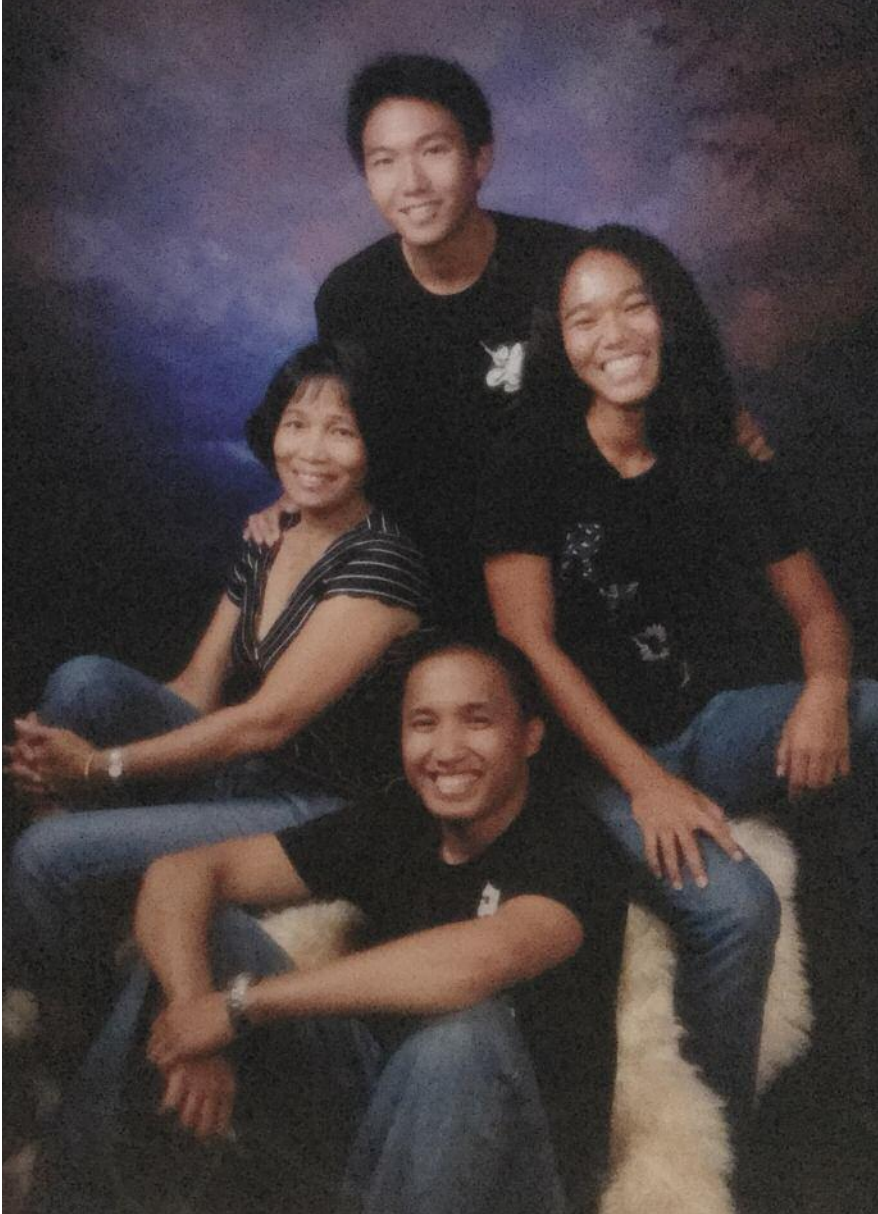
the Cancer Ministry, Sacred Heart Society, Rosary and Bible sharing group and a Core member of the MBCC—Maui Basic Christian Community which directs and facilitates religious retreats.

Angie willingly and happily shared her self reflection on her hopes and dreams for a better Maui and the world. She said: “I am just hoping and encourage all foreign nurses and others in the medical field/care giver professionals to be challenged to seek for their U.S. Licenses, most especially nurses and doctors. This will help decrease nationwide/worldwide shortage of health professionals. Caregiving is a profession of kind, affectionate, patient, and compassion, regardless whether one gets paid or not.” ✨



**Lucy Peros** is a retired school teacher, having taught for 32 years, 11 years at St. Anthony Grade School and 21 years at Waihe'e Elementary

School. Both of her parents, Elpidio and Alejandra Cabalo of Hāli'imaile, worked for Maui Land and Pine Company. Her dad was a 1946 Sakada. Lucy is currently a Realtor Associate at Peros Realty, the business her late husband Sylvester Peros, Jr. started 30 years ago, where her daughter Lianne Peros-Busch is now the Broker. Lucy devotes a significant amount of time to activities at Christ The King Catholic Church as well as babysitting her grandchildren.



Top: Michael-Kelly Saiki. Clockwise: Michelle-Kay Saiki, Dennis Bagay, Angie Saiki  
PHOTO: COX PHOTOGRAPHY STUDIO

General Election Tuesday, Nov. 6

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Campaigning for the Waihee-Cayetano team in 1990.  
PHOTO COURTESY ALFREDO EVANGELISTA



After signwaving we pass out bentos to our volunteers.  
PHOTO: ALFREDO EVANGELISTA

Some of my mother's friends were surprised not to see my name on the Primary Election ballot. While I have been campaigning every two years since 2010, I am not running for office this year. State Senators have four-year terms and it's the other two Maui Senators who have races in 2018.

A friend of mine is counting down the days until Wednesday, November 7th.

His mind is a million miles away. He's only in country for a couple more weeks. He's short.

You see this is his last campaign.

After the Mid-term election, he is retiring from taking active roles in local political races.

He says this time it's for real.

He's been around politics for much of his sixty or so years. But he still has a reputation for having some of the best instincts about Maui voters over the last three decades.

But he believes he's done his time and campaigning is very much a young person's game.

I kinda envy him.

But I can already see him growling in his best Al Pacino impression, "Just when I thought I was out... they pull me back in!"

Frankly, I think he's just kidding.

If someone he liked really begged him, he'd do it again.

But political campaigns have changed.

It's no longer a real community effort.

Take food.

In a major campaign, you used to get a daily meal—the best *hekka* I ever had was at John Waihee's headquarters in 1990. Bite-sized bits of chicken, fresh bamboo shoots, carrots, sweet onions and just the right amount of bean thread. Food you had to eat hot over rice.

Fred Evangelista and I got volunteered as the Ben Cayetano people on a committee to write a Filipino plan for the Waihee-Cayetano general election campaign. We gained ten pounds each that summer.

It's a secret but food used to make

## DINENGDENG & PINAKBET

*Them was the days.*

Gilbert S.C. Keith-Agaran

PHOTOS COURTESY OF GILBERT S.C. KEITH-AGARAN



or break a local style campaign.

Good chili makes sure the signwavers keep showing up.

If your volunteers make good desserts, people will remember to come by election night.

But I do have a pet peeve. Namely, stew and rice.

It sounds like an easy dish but I'm agin' it.

There are too many ways to blow it—tough meat, or too soft carrots, or too much vinegar—*poe ho*—and then you're left with just your uncle and your unemployed cousins to walk house to house.

But the world is changing and we really don't understand it as well as we did. Most campaigns no longer have headquarters with kitchens where volunteers can hang out in air-conditioned comfort during the hot Maui summer. I heard of one campaign this past year made sign wavers potluck. But at least they also got t-shirts and some water.

When Big Islanders and Kaua'i folk derisively complain that developers want to turn their islands into another Maui, what's wrong with that picture?

And that may be as good a reason as any to leave politics to the young people.

In 1994, we walked house to house throughout the County. We caravanned in Tony's and Ted's trucks to Lāna'i and Molokai. We cut yard signs from plywood and silk-screened hundreds of signs. And Wes, Fred or Manabu cooked a hearty lunch for the canvassing crews each week.

By 1998, we could see the changes.

We discovered pastures subdivided into house lots in Ha'ikū. We found formerly local *portagee* neighborhoods apparently operating as toney transient accommodations. We found people preferring direct mailing when we tried to walk Kula and Maui Meadows. We walked fewer areas—writing off areas that we assumed would not even consider our candidate.

But we still relied mainly on local people as volunteers. Retirees spent time at HQ before or after tee times. Sign wavers came after work. People called friends and neighbors after dinner. We silk-screened many of the signs used throughout the State and not just on Maui.

That same year, several candidates hired mainland consultants for local races. And some legislative candidates bought commercials on cable TV.

Some won, some lost.

In the past, you counted how many yard signs you passed in particular neighborhoods. Now the home occupants at the best spots let anyone put up a sign—even the *lolos*. Candidates compete to stack signs or to put up billboards that would make the Out-

door Circle blush. Yard signs no longer hint at support, indifference, hostility or annoyance.

So it's nice post-Primary to drive around Kahului and to see fewer and more reasonably sized yard signs and banners.

My soon-to-be retired friend understood the value of polls, whether taken in the media or in the *Sakura* card games at old Kahului Shopping Center. Like other things, polls or what people were saying gave you a sense

of how people were leaning about particular races and candidates. Now you have people who don't have land lines but who may be voting. There are fewer places where people just gather around to talk story. How do you gauge what the wireless folk are thinking?

This year, I sense the mainland style campaign has arrived in earnest. Paid full-time handlers advise candidates about messages and dialing for dollars. Cheap mass-produced yard signs and large banners get hung way before the accepted date for putting

out the signs. Money once spent on cheap rent for a Maui campaign HQ now goes to direct mailing, polling or paid media. And Super PACS spend hundreds of thousands of dollars to support a candidate for Lt. Governor of all offices.

And as a result, no daily meal for campaign volunteers.

So if you gotta retire from politics, sounds like a good time. But canvassing, without an after-walk bento, would certainly be one way to get in shape. ✨

***“There are fewer places where people just gather around to talk story. How do you gauge what the wireless folk are thinking?”***

— GIL S.C. KEITH-AGARAN

see DINENGDENG p.19

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The Spirituality of Caregiving

The Rev. John A.H. Tomoso †

In an interview in PBS's *Faith, Spirituality & Aging* Series, Jennifer L. Brower, Minister at the Unitarian Universalist Congregation at Shelter Rock in Manhasset, N.Y., was asked about advancing age, about what happens that may lead to a rethinking, a re-evaluation of one's life and what has guided a person religiously or spiritually. She went on to discuss the aging process as "the experience of moving into and through (one's) different developmental phases" and how it affects the spirit and therefore one's spiritual life. For those who are caregivers, I would like to use Minister Brower's thoughts as the foundation for what I am calling "The Spirituality of Caregiving."

If we understand the "spirit" to mean the animating or vital force within each person—"spirit" derived from the Latin *spiritus*, meaning "soul, courage, vigor, breath"—then the spirit is the vital center or our core as individuals, as persons, albeit made in the image and likeness of God, with mind, heart and soul. Thus, we surround ourselves with "spiritual" things which support this core. These are the things, experiences and realities which enliven us and give us a sense of being, place and purpose for our living. If we give care to (caregive of) another person who is disabled and needs help in activities of daily living, usually an older adult like a parent or spouse, we add the enlivening of another individual's core. Certainly, as caregivers, our own spirit is affected, positively or negatively, by the *spiritus* of the one we give care to.

So how do we nurture our own *spiritus* through those we give care to? As a Priest, I see a part of my pastoral care for others as helping to develop a deeper meaning and satisfaction in and for life. To me "things of the spirit" can bring us to a deep meaning and satisfaction in life. I know that such things can be cultivated through a rich prayer-life, along with a vigorous and balanced zest for life. Sometimes, those we give care can negatively affect our vigor and zest. So, we must take time out for ourselves. Make sure, then, that you involve others in your caregiving, so that within your family or circle of friends, you are not the only one giving care.

As in all life stages, aging is a process, which is about appreciating the natural progression all of experience as we mature. I am now 65 years old, and I note that my own aging is allowing me to understand my 92-year old mother a lot better. Believe it or not, I am finding myself a lot more patient and can understand why things are slower now for myself. In this regard, I have taken on a spirituality of *kairos*, that is, of living in God's time and not my own time, which is *chronos*. Don't get me wrong, I am not saying that I don't look at the clock, or my watch or my cell phone, to tell or keep time. What I am saying is that I know, more than ever, that there is a reason for everything that happens; even when something negative takes place, for which I then try to look for the positive; for the brighter side of life.

At every developmental or life stage, know that one's *spiritus* takes on a differ-

ent perspective and meaning. In Caregiving, this perspective and meaning, can add stress to your daily life. Yet, at the end of the day, knowing that your loved one is satisfied and comfortable, and having their own *spiritus* nurtured through you, can be rewarding and satisfying to you, the caregiver.

Having said all this, and knowing that one's *spiritus*, helps one to have a positive and satisfying life, even while caregiving, this is my summary of a "Spirituality of Caregiving":

1. See aging as a natural progression and live through and with it.
2. Care for yourself through your core, your *spiritus*.
3. Know that if you caregive, then one you give care to also has a *spiritus*.
4. Nurture your *spiritus* is made healthy through your own spiritual and physical life.
5. Be a caregiver who involves others in the giving of care, so that you can "take time out" for relaxation, recreation, fun.
6. Balance your life; make a schedule while being flexible.
7. Be patient and know that time is really a gift from God, which means you have the time to do what needs to get down, for yourself and others.
8. Pray daily, even while exercising or doing something you like to do, asking God for the wisdom and understanding to know your sense of place, of being and of purpose.
9. Know your sense of place, of being and of purpose, as you give care to the disabled one needing it, to feel satisfied and fulfilled.

Caregiving is not easy. It can get stressful and difficult in many ways. But I believe that looking at this responsibility through your spiritual reality, through your *spiritus*, can help make a difficult task a lot easier. If you need to speak to me more about this, please send me an email and I will get back to you.

Have an idea or a comment or even a question, contact me at this email address: atingkabuhayan@gmail.com. Until my next column, please take care!



Rev. John A. Hau'oli Tomoso † is a Social Worker and Episcopal Priest. He is a Priest Associate at Good Shepherd Episcopal Church in Wailuku and an on-

call Chaplain at Maui Memorial Medical Center. Tomoso was graduated from St. Anthony Jr./Sr. High School, the College of St. Thomas in St. Paul, Minnesota (Bachelor of Arts in Political Science and Sociology) and Myron B. Thompson School of Social Work at the University of Hawai'i at Mānoa (Masters of Social Work). In 2008, he retired from the civil service as the Maui County Executive on Aging. Tomoso is currently the Executive Director of the non-profit Tri-Isle Resource Conservation and Development Council, Inc. His wife Susan is a 7th grade Language Arts Teacher at Maui Waena Intermediate School.

Ka-Ching!

Paying Off Student Loan Debt: 5 Tips

Elsa Agdinaoay-Segal

W eighed down by student loans? You're not alone: Approximately 40 million Americans have student loans (in total, a staggering \$1.2 trillion), and about 71 percent of bachelor's degree recipients graduate with debt, according to the Institute for College Access & Success<sup>1</sup>.

So, how to lighten the load as quickly—and as painlessly—as possible so that you can begin living your post-graduate life the way you envisioned? Here are some suggestions...

Pick the right student loan repayment plan

Despite the dizzying array of student loan repayment options—from income-based repayment plans to income-contingent repayment plans to pay-as-you-earn repayment plans, and countless others—there's very little thought that goes into the decision-making process.

"Most people just go with the option that has the smallest monthly payment, and that's the costliest in terms of interest paid over the loan's life span," said Lauren Asher, president of the Institute for College Access & Success, a non-profit organization that works to make college more affordable. While "everyone has their own priorities and resources in terms of how they spend and save money, the best option is the standard 10-year repayment plan."

This plan breaks down your student loan balance into fixed monthly payments of at least \$50 for up to 10 years. Compared to other plans, it is going to cost you the most per month (so make sure it's budgeted for), but you'll pay off your student loan faster, and save more in interest, too.

Make one extra student loan payment/year

Make an extra payment a year—13 instead of 12. It'll shave time off the repayment term, and save you interest.

Enroll in auto-debit

Enroll in auto-debit, where your student loan servicer automatically deducts your payment from your bank account each month. You'll be rewarded with an interest rate reduction, typically a quarter of a percentage point, or 0.25 percent. Is this a big deal? It can be, partic-

ularly if the lender doesn't use the interest rate reduction to reduce the monthly payment and instead allows more of the monthly payment to be applied to the principal balance of the loan.

Deduct your student loan interest

What's the one silver lining of having student loan debt? The interest is tax deductible—even if you don't itemize your deductions. Yes, there is an income limit to this deduction but if you make less than \$60,000 a year or \$120,000 if you're married and filing jointly, you can claim the full deduction of \$2,500.

"You can claim this deduction as long as the loan is in your name (or your spouse's if filing jointly) even if somebody else paid the interest—regardless of who that is."

Get help from your employer

As employers look to attract and retain top talent, more and more companies are either exploring or offering one of the hottest things in benefits right now: student loan repayment assistance programs.

So what if your employer doesn't currently

offer such a plan. It never hurts to ask for it, especially if the company really wants you. ✨

1 INSTITUTE FOR COLLEGE ACCESS AND SUCCESS, QUICK FACTS ABOUT STUDENT DEBT, MARCH 2014.

Provided by Elsa Agdinaoay-Segal, registered representative of MassMutual Pacific, courtesy of Massachusetts Mutual Life Insurance Company



(MassMutual). Lic. # 357268. Agdinaoay-Segal was graduated from Hawai'i Pacific Uni-

versity where she received a Bachelor's of Science in Business Administration with an emphasis on Human Resource Management. In 2009, she earned the Chartered Retirement Plans Specialist<sup>SM</sup> designation (CRPS®). Agdinaoay-Segal has nine years of experience in the financial services industry. She is the mother of two children, Joshua and Lily, and married to Brandon Segal, a deputy prosecuting attorney with the County of Maui.





Brrr September. It’s the first month of the *ber* months. Filipinos are known to play Christmas songs on the 1st day of September to kick off the Christmas season. *Kumusta mga kababayan? Septiembre na, ready ka na ba sa pagsapit ng Pasko?* (It’s September, are you ready for Christmas?) Speak-

Let’s Talk Pinoy!

Dulce Karen Butay

ing of September, September 9 is with your homework last month? Grandparent’s Day. How did you do What do you call your grandmother?

I call my grandmother *Nana*. I used to call her long distance and talked to her about a lot of things. Hopefully you took the time to call your *Nana*, or even better go visit her. What about our *kaibigan* (friend) Michael? Do you remember what happened in the last issue? Let’s take a look.

MICHAEL SLAMS THE BRAKES at his grandma’s house, and enters using the *susi* (key) he kept under a rock since he was *anim* (6) years old. He opens the door, and Gramma *Ina* is there sitting on the recliner in her usual place. MICHAEL: “Grams! Are you ok? You called me and I was so worried!” GRANDMA: “I can’t find the remote. Can you help me find it?” Michael exhaustedly collapses on the sofa. After finding the missing remote, Michael decides to sleep over at *Nana’s balay* (house). The guest room is located next to the front restroom. This room had been practically occupied by everyone in the family at one point or another. It is quite common in Filipino culture that multiple families share one *balay* (house). Michael used to live here when his dad lost his job at Maui Pine. Since then, they moved out, Aunt May moved in, she moved out a few years later when she got married, and then Uncle Boy moved in. Now it is Uncle Sonny with his new wife, Auntie Dee from San Miguel, who is pregnant with her second kid. They live in the room in the back.

The next morning

“Beep... beep... beep... beep.” Michael’s alarm wakes him at 8 a.m. on Saturday morning. Opening his eyes, staring at the ceiling, he imagines Angel’s *mukha* (face) and *ngiti* (smile). Then Rosie pops into his head, laughing and yelling *Palito*. Michael jumps out of his bed. Moseying to the restroom, he noticed a few *larawan* (pictures) hanging on the wall. One of them catches his eye. It is of himself when he was a kid. He figures he was three years old. Michael clearly remembers that day. It was the day that he learned how to ride his bike. It was a black and yellow plastic tricycle. He was wearing short shorts, giant elbow pads, knee pads, a huge helmet that was bigger than his whole body. Baby

English	Pilipino	Ilokano	Cebuano	Ilonggo	Ibanag	Kapampangan
Picture	Larawan	Retrato	Letrato	Laragway	Letrato	Larawan
Cousin	Pinsan	Kasinsin	Agaw	Pakaisa	Kapitta	Pisan
Morning	Umaga	Bigat	Buntag	Aga	Umma	Abak
Friend	Kaibigan	Gayyem	Bai	Miga	Kofun	Laluguran
Key	Susi	Tulbek	Pang’able	Yabi	Annusi	Susi
House	Bahay	Balay	Balay	Balay	Balay	Bale
Smile	Ngiti	Isem	Ngisi	Yuhom	Gumalo’	Timan
Sleepy	Inaantok	Makatur-turog	Katugon	Tuyo	Magkaturug	Matundu
Water	Tubig	Danum	Tubig/Pamubo	Tubig	Danum	Danum
Face	Mukha	Rupa	Mukat	Lupa/Arap	Nawong/Dagway	Goya/Nawong
Let’s eat.	Kain na.	Mangan tayon.	Kaon ta.	Kaon na ta.	Kuman ittam	Mangan tamu
Small	Maliit	Bassit	Gamay	Diotay	Batti	Malati

Michael had the biggest *issem* (smile). He looked straight at himself in the *letrato* (picture). “Look at you, Michael. You were so happy. You were so young, you could do anything and felt like you could conquer the world. What happened to you?” In a magical moment, the boy in the *litrato* (picture) turned his head and looked back at him and frowned. Michael jumped backwards, rubbed his eyes and looked back at the picture. The boy is back to normal, smiling at the camera. “Guess I’m still *inaantok* (sleepy), I’m seeing stuff.” He made his way to the bathroom and reached for a new toothbrush on the cabinet. He then shuffles through a few of the things on the sink count-

er, and among them he spots a few items. There’s his sister’s *Eskinol* with cotton balls scattered around. “*SMH* (shaking my head), that stuff hurts the *rupa* (face).” His *pinsan* (cousin) Liza and her *Likas* Papaya skin whitening soap in the hand soap tray. “It looks like she hasn’t been here in a while.” The orange soap is already dry and cracking. There is a bottle of *White Flower* that is used when you have a sore stomach. Multiple cups, bottles, rollers, sticks, and a *maliit* (small) container of *Vicks* vapor rub that is supposed to fix anything from headaches to sore feet. Auntie Dee’s *Sebu de Macho* for scar removal. “She still has a lot of stretch marks.” Uncle Sonny’s *Three Flower Pomade* that he made Michael use on his first day of school and he dripped over everything. It was so bad, that the school nurse had to wash his hair during lunch. “I can’t believe uncle is still

using this stuff.” His nephew’s coconut oil. “I swear, he uses it for everything, he probably even bathes in it.” There is also a small container of charcoal that is supposed to whiten teeth. “I don’t see any changes on his teeth, it just makes a mess. These kids are so weird.” Then there’s the tube of Crest toothpaste, that we call *Colgate*. Filipinos like to call any brand of toothpaste *Colgate*. It doesn’t matter if it is Crest, Pepsodent, Aim or Arm & Hammer, we call it *Colgate*. As Michael finishes up brushing his teeth, he looks at the mirror, and stares at himself. “Who are you? What are you doing in your life?” He stands there for a minute and started to let the *danum* (water) run. He was about to wash his *mukat* (face) when he heard his *Nana* calling him. “Michael, *kaon na ta!* (let’s eat).” “Ok *Nana*, *umayakon*. (I’m coming).” It’s Saturday morning at *Nana’s* house. Do you have any of these items

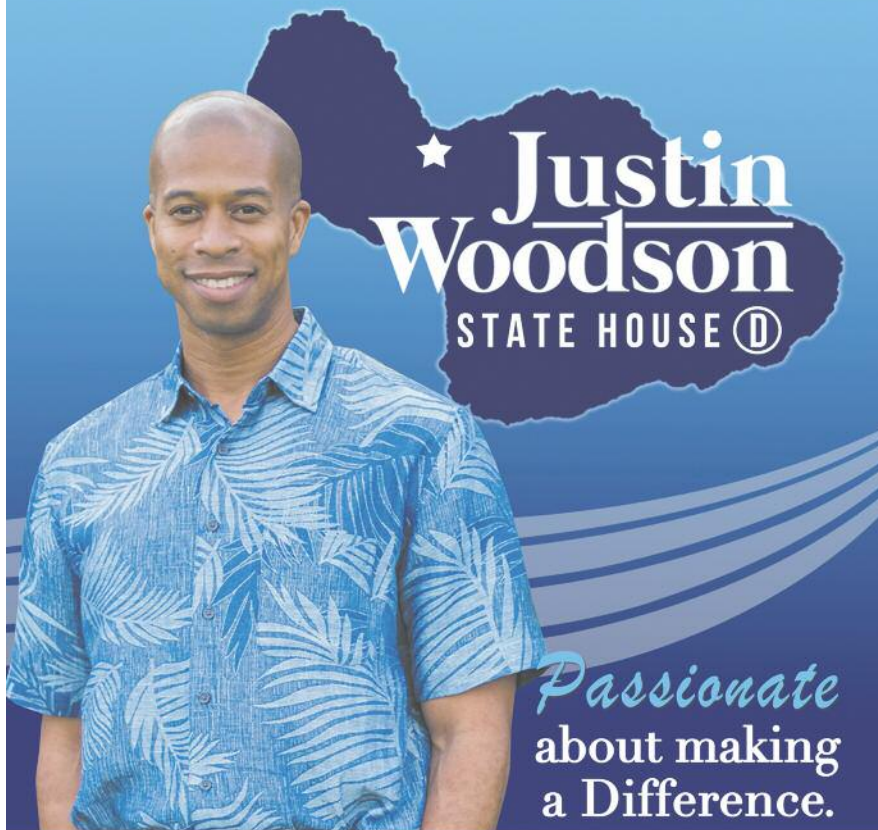


Dulce Karen with Nana. PHOTO COURTESY DULCE KAREN BUTAY



“Mahalo!”

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for your continued  
support!”



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The Maui Fil-Am Heritage Festival® is sponsored by the Maui Filipino Chamber of Commerce Foundation and is the premier event in Hawai'i celebrating the month of October as Filipino-American History Month.

**#MauiFilAmFest2018**

## Distribution Locations



## Fil-Am Voice

### Kahului

A&E Laundry  
Badua's Maui Crepes & Grill · QKC  
Bistro Manila  
Christ the King Church  
Clinical Laboratory  
County of Maui - DMV  
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Foodland-Kahului  
Hairways  
Hale Makua - Kahului  
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Maui Beach Hotel  
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Maui Green Market  
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Maui Wow-Wee Maui's Kava Bar & Grill  
North Shore Pizza  
Pacific Fish Market  
Paradise Supermart  
Paradise Video  
Plantation Grindz  
RM Mini Mart  
Rowena's Produce  
Safeway - Kahului  
Starbucks - Ka'ahumanu  
Sunrise Food Mart  
Tamura's  
Tante's Island Cuisine  
University of Hawai'i Maui College  
Vidad's  
**Kihei**  
A&E Oriental Foodmart  
Elly's Formal  
Foodland - Kihei  
Minit Stop - Pi'ilani Village  
Monsanto

Phil-Mart Oriental  
Safeway - Kihei  
Starbuck's Pi'ilani Village  
Tamura's  
Times Supermarket  
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Makawao Fire Station  
Makawao Public Library  
Mixed Plate  
Pukalani Superette  
Starbucks - Pukalani  
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Blazing Steaks  
CAA Market Place  
CAA Mini Mart  
Copy Services  
County of Maui  
Discount Mini Mart  
Foodland - Kehalani

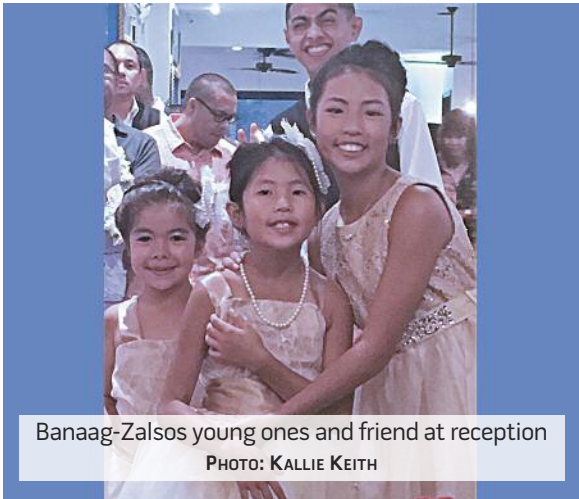
Four Sisters Bakery  
Golden Coin  
Good Shepherd Church  
Hale Makua - Wailuku  
Home Maid Bakery  
ILWU  
J. Walter Cameron Center  
JMA Imports  
Kaiser-Maui Lani  
Law Offices of Alfredo Evangelista  
Mālama I Ke Ola Health Center  
Maui Coffee Attic  
Maui Economic Opportunity  
Maui Medical  
Maui Memorial Hospital  
Minit Stop - Main Street  
Noble Travel  
Playmakers Sports Bar  
Promenade  
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Safeway - Maui Lani  
Starbuck's Kehalani  
Tamura's  
Tasty Crust  
Tiffany's Bar & Grill  
**Westside**  
EC Food & General Merchandise  
Foodland - Lahaina  
Ilocandia Filipino Store  
Java Jazz - Honokōwai  
Joey's Kitchen - Kā'anapali  
Joey's Kitchen - Nāpili  
Nagasako Variety Store  
Nāpili Market  
RVN Deli Kitchen  
Safeway - Lahaina  
Starbuck's - Lahaina Cannery Mall  
Times Supermarket - Kā'anapali

REV. 08.14.18



This month’s community photos highlight the events including the opening of the new Tante’s Fishmarket Restaurant and Bar in Mā‘alaea.





# What's Happening On Maui

## Calendar Fil-Am Voice 2018

Please submit your community event by the seventh day of each month via email to [info@filamvoicemaui.com](mailto:info@filamvoicemaui.com)

### September

- 25, 27 AUDITIONS FOR “CANE FIRE: THE HANAPĒPĒ MASSACRE”**—a one-act play by Wayne Moniz. Sandell Artworks, 34 N. Market St. in Wailuku. 6:30 p.m.
- 26 1ST INDUCTION OF OFFICERS OF ABRENIAN ASSOCIATION OF MAUI** and 14th Anniversary Priestly Ordination of Fr. Drexel Ramos. Wailuku Community Center. 5:30 p.m. Dinner and Dance. \$15. Participate in Filipiniana Attire contest. Prize of 52-inch flat screen television. Contact President Nona Del Rosario at 205-1051.
- 1 PHILIPPINE FLAG RAISING CEREMONY** at County Building, 10 a.m., to kick-off October as Filipino-American History Month. Sponsored by Maui Filipino Chamber of Commerce Foundation and County of Maui. Contact Event Chairperson Melen Agcolicol at 205-7981.
- 9 VOTER REGISTRATION DEADLINE FOR GENERAL ELECTION** You may register on-line: [olvr.hawaii.gov/](http://olvr.hawaii.gov/)
- 20 MAUI FIL-AM HERITAGE FESTIVAL** presented by Maui Filipino Cham-

- ber of Commerce Foundation. Queen Ka’ahumanu Center. 10 a.m. to 3 p.m. Contact Event Chairperson Melen Agcolicol at 205-7981.
- 23 EARLY WALK-IN VOTING** at Velma McWayne Santos Community Center in Wailuku. 8 a.m. to 4 p.m. For more information, call the Office of the County Clerk at 270-7748 or visit [mauicounty.gov/1965/Elections-Division](http://mauicounty.gov/1965/Elections-Division). *Same day Voter Walk-in registration available.*
- 30 APPLICATIONS FOR ABSENTEE VOTER MAIL ARE DUE.**
- 3 EARLY WALK-IN VOTING ENDS**
- 6 GENERAL ELECTION DAY** (State Holiday). *Same day Voter Walk-in registration available.*
- 12 VETERANS DAY** (Federal and State Holiday).
- 17, 18 MOBILE CONSULAR OUT-REACH** held by the Philippine Consulate General at the Maui County Business Resource Center in Maui Mall (70 E. Ka’ahumanu Avenue #B9, Kahului). Sat. 8 a.m.–5 p.m.; Sun. 8 a.m.–12 p.m. By appointment only. Unless you have an appointment, the

- Philippine Consulate will not be able to accommodate you. Appointments are made (free) online at [philippineshonolulu-maui.eventbrite.com](http://philippineshonolulu-maui.eventbrite.com). One ticket per client.
- 22 THANKSGIVING DAY** (Federal and State Holiday).
- 8 ANNUAL MEETING AND ELECTIONS** of Maui Filipino Community Council. 11:30 a.m. at Binhi at Ani. Contact President Marilyn Oura at 280-2057.
- 16 MISA DE GALLO MASS** at Christ the King Catholic Church. 6 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 17 MISA DE GALLO MASS** at Christ the King Catholic Church. 5 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 18 MISA DE GALLO MASS** at Christ the King Catholic Church. 5 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 19 MISA DE GALLO MASS** at Christ the King Catholic Church. 5 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.

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- 22 MISA DE GALLO MASS** at Christ the King Catholic Church. 5 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 23 MISA DE GALLO MASS** at Christ the King Catholic Church. 6 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 24 MISA DE GALLO MASS** at Christ the King Catholic Church. 5 a.m. Contact Lucy Peros at 877-7045 or 269-1602 for more information.
- 25 CHRISTMAS DAY** (Federal and State Holiday).
- 29 ANNUAL RIZAL DAY CELEBRATION** sponsored by Maui Filipino Community Council. Binhi at Ani Filipino Community Center. Join the Filipino attire contest for males and females. Contact Maui Filipino Community Council President Marilyn Oura 280-2057.

### December

### October

### November

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"Raider Nation, cough cough," said Cincinnati Bengal fan, **Gil Keith-Agaran** (#whodey) as he mocks **Alfredo Evangelista** (#raiderna tion) in his vintage Marcus Allen 32 silver-and-black get-up.

PHOTO: GIL KEITH-AGARAN

## NFL...

from p.5

PHILADELPHIA EAGLES/  
CLEVELAND BROWNS\*

**S Aaron Francisco**  
ARIZONA CARDINALS\*

**C/T Eugene Amano**  
TENNESSEE TITANS\*

\*retired

EDITOR'S NOTE: Nine Hawai'i high school graduates made an NFL 53-man roster to start the season, with the New Orleans Saints having three players, including former Luna Mitchell Loewen.

**Philadelphia Eagles**  
Kamu Grugier-Hill  
KAMEHAMEHA LB \*CAPTAIN

**San Francisco 49ers**  
DeForest Buckner  
PUNAHOU DL

### Tennessee Titans

Marcus Mariota  
SAINT LOUIS QB \*CAPTAIN

Kamalei Correa  
SAINT LOUIS LB

### New Orleans Saints

Manti Teo  
PUNAHOU LB

Max Unger  
HAWAI'I PREPARATORY ACADEMY C  
\*CAPTAIN

Mitchell Loewen  
LAHAINALUNA DL

### Houston Texans

Kaimi Fairbairn  
PUNAHOU PK

### Washington Redskins

Shawn Lauvao  
FARRINGTON OL \*



# Talk...

from p.15

in your house? Does it trigger a memory or story or something? What other items like these do you have in your bathroom or in your closet? Let us know on our Facebook page at [www.facebook.com/letstalkpinoy](http://www.facebook.com/letstalkpinoy). Is there a family member that you used to visit often that you no longer visit? Maybe it's time to free up your schedule and make a trip to see them.

That's all I have for you folks. Hope you learned a few words, and enjoyed the story. Your homework this month is to invite people to eat before every meal. *Man-gan tayun* or *kain na* means let's eat. Inviting people to come eat is not only a Filipino thing but it is good manners and a courtesy in general. Go ahead and eat something!

I'm Dulce, helping you to master your Filipino Languages. Like always,

let's laugh, let's listen, and Let's Talk Pinoy! *Hanggang sa muli!* (Until next time!) *Ingat!* (Take care!). ✨

**Dulce Karen Butay** was graduated from Maui High School and earned her Associate in Arts in Liberal Arts from Maui Community College and her Bachelors of Science in Business Administration, specializing in Accounting, from the University of Hawai'i - West O'ahu. She is currently the Administrative Officer at the County of Maui, Department of Finance. Butay is a licensed Resident Producer of Life Insurance with World Financial Group and an Independent Consultant of Saladmaster. She recently became part of



the Travel Club of Saladmaster and won an all-expenses paid trip to Cancun, Mexico with the love of her life. Butay recently returned from a trip to Texas as one of the delegates from Island Healthy Solutions, a dealer of Saladmaster here on Maui.

# Silver...

from p.6

grew to four hundred in three years," said Medallon.

"We needed to have a voice at the Legislature," recalls Medallon. "I talked to Waipahu State Representative Mits Shito and told him the story. Ben Cayetano and Neil Abercrombie became our supporters on the Senate side. The concern was unlicensed homes and training. Legislation was approved to require mandatory licensing and training. In turn, the State increased their share because the State matched whatever the resident could pay. I organized nine bus-loads of care givers and rallied in front of the State Department of Human Services, which was in charge."

Medallon retired from the industry, remarried and carrying the last name (Ka'ahanui) of her second husband, proudly points to the organized efforts of the care home operators: "It was a learning experience for care home operators; they became more empowered. That was the beginning."

In the end, when one needs to decide what to do about an aging parent or family member, remember there are many other aspects of caregiving such as home health care, medical supplies, respite care, etc. But not everyone can be a caregiver. "As Filipinos, we like to take care of our families," says Ulep. "But not all families are trained to handle these situations. They don't have all the tools or knowledge. Sometimes the elderly hurt themselves or the family gets sick and stressed because they



**Mila Medallon Ka'ahanui, MSW** recalled a time when she organized nine bus-loads of care givers and rallied in front of the State Department of Human Services.

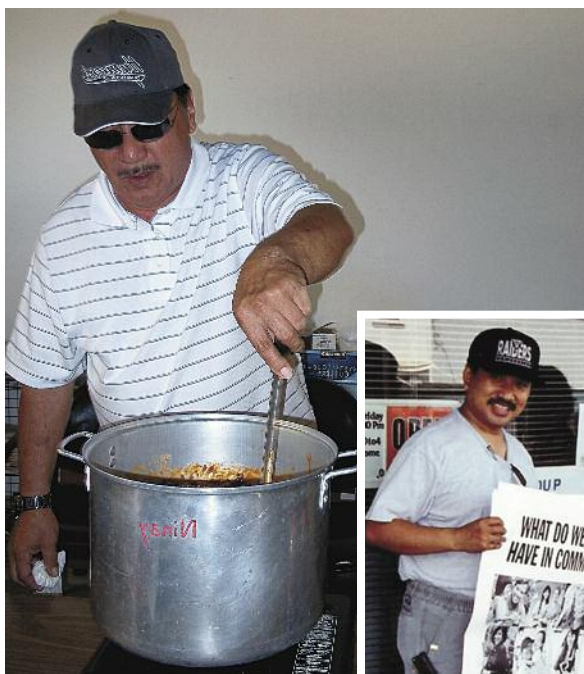
PHOTO COURTESY MILA KA'AHANUI

don't know what to do or how to take care of their elderly."

Indeed, knowledge, patience, and commitment are key qualities needed as a caregiver.

The *Fil-Am Voice* thanks all caregivers for their knowledge, patience, commitment, and love. ✨

**Alfredo G. Evangelista** is a graduate of Maui High School, the University of Southern California, and the University of California at Los Angeles School of Law. He is a sole practitioner at Law Offices of Alfredo Evangelista, A Limited Liability Law Company, concentrating in estate planning, business start-up and consultation, non-profit corporations, and litigation. He has been practicing law for 30+ years (since 1983) and returned home in 2010 to be with his family and to marry his high school sweetheart, the former Basilia Idica.



**Richard Caldito, Jr.** is shown here cooking chile for a political campaign event (left).  
PHOTO: ALFREDO EVANGELISTA

In 1994, canvassing homes and businesses for a Voter Registration Drive (right).

PHOTO COURTESY ALFREDO EVANGELISTA



# Dinengdeng...

from p.13

**Gilbert S.C. Keith-Agaran** is a graduate of Maui High School, Yale College, and Boalt Hall School of Law, the University of California at Berkeley. He practices commercial, civil and administrative law with Takitani Agaran & Jorgensen, LLLP. He is currently a State Senator for Central Maui, serving as Vice Chair of the Senate Ways and Means Committee. He previously served as chair of the House Judiciary Committee and chair of the Senate Judiciary and Labor Committee. Keith-

Agaran served in Governor Benjamin Cayetano's administration (where he was the first Filipino appointed as Chairperson of the State Land Board) and Mayor Alan Arakawa's first administration (as Director of Public Works and Environmental Management).



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A friendly reminder from the **Fil-Am Voice**





# The Voice of the People

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elle4mayor.com



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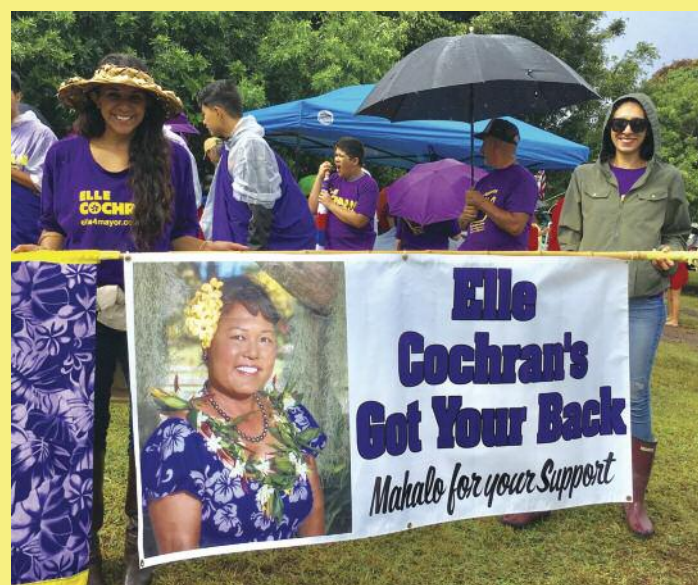
### IMPORTANT DATES TO REMEMBER:

**NOW until OCT. 9** You can Register to vote in the General Election at the Clerk's Office.

**OCT. 23 - NOV. 3** Early walk-in voting and registration in the General Election

**OCT. 30** Last day to request a mail-in ballot from the Clerk's Office

**NOV. 6 GENERAL ELECTION**  
**SAME DAY REGISTRATION & VOTE**



Mabuhay! Thank You for Voting for Elle Cochran  
**GENERAL ELECTION: November 6, 2018**

**ELLE** [elle4mayor.com](http://elle4mayor.com)

**ELLE COCHRAN**



VOTE ELLE COCHRAN FOR MAYOR! ❀ PAID FOR BY FRIENDS OF ELLE COCHRAN ❀ 10 HALAWAI DRIVE SUITE 1, LAHAINA, HI 96761