

Hope for the New Year 2022
Maui community gives their reasons for hope this year.

See below


LEADERSHIP SERIES

Three
council members
Giving their views on leadership?


I Resolve
What are the New
Year's resolutions
that you promised yourself you'd keep? Are they realistic? Words of wisdom from the Editor.

Page 4

Fil-AmVoice Magkaisa Tayong Lahat | "Let Us All Unite"
January 2022•Vol 6 No1 | Filipino American Voice • Uplifting Our Community | FREE

"WhoDey!" Sports and the Pandemic effect ... p7


Jamie Yap. Principal turned Superintendent. p8


Sakada Offspring makes a comeback with Madeline Ater
p16
$\square$


Mayor Michael Victorno, Grace Sales, Chancellor Luis Hokoana, Michelle Balala, Rep. Kai Kahele are just a few names who have hopeful expectations for the New Year 2022.

## Hopes and Expectations for 2022

Gilbert S.C. Keith-Agaran and Alfredo G. Evangelista, Assistant Editor

Even before the stroke and kagami mochi. Filipinos by: Should auld acquaintance of midnight on New posted on Facebook photos of be forgot, And never brought Year's Eve, fireworks their twelve fruits. Many Fil- to mind? Should auld acquainexploded across the sky. ipinos wore polka dots and tance be forgot, And the days Neighbors-especially in Cen- jumped when the clock of auld lang syne? (In the joytral Maui-had competitions showed 12 a.m. Others ous celebration of the coming in exploding firecrackers. popped champagne and sang of the New Year, there was Japanese and other local fam- Auld Lang Syne which roughly even a Facebook video of
ilies exhibited their kadomatsu translated means times gone someone playing Auld Lang
syne on his kazoo!)
In years past, it was all optimism for the New Year. But the COVID pandemic changed that. Throughout Maui and the State, there are prayers 2022 will be better than 2021 and 2020.
see HOPE p. 2

# Tamara Paltin, Shane Sinenci and Yuki Lei Sugimura 

Editor's note: In 2022, November, we focused on May Leadership for the State or Michael Victorino and we and Maui County will shift our focus to the current be at the forefront with elec- members of the Maui County tions for Governor, Maui May- Council. In December, we foor, Council, and due to reap- cused on Councilmembers Gabe portionment, all State Senators Johnson, Tasha Kama and and State Representatives. The Michael Molina. This month, primary election will be held we focus on Councilmembers on August 13, 2022 with the Tamara Paltin, Shane Sinenci General Election on November and Yuki Lei Sugimura. Coun8, 2022, and it's not too early cilmember Kelly King, Council to start thinking about the type Chair Alice Lee, and Counof State and County cilmember Keani Rawlins-Ferleaders needed. Our first series nandez did not timely respond focused on potential gubernatorial candidates. We now shift our focus to our County's elected leaders, who were simultaneously sent identical questions with the same response date. In

## Tamara Paltin

1. IN 100 words or less, please tell us your BACKGROUND, INCLUDING details about your fami-

## \% LEADERSHIP SERIES

The Sixth in a Series.


Ly, EDUCATION, AND EXPERIENCE IN THE PUBLIC, PRIVATE, AND NON-PROFIT SECTORS.
I am currently serving my second term on the Maui County Council. I was born and raised here in Hawai'i nei, and my husband George Vierra and I are raising our
two children here in Nāpili. Prior to taking office, I worked as an Ocean Safety Lieutenant at DT Flemings Beach Park. I've earned a Bachelors of Science in Math ematics and Education and have chaired the Council's Planning and Sustainable Land Use committee since taking office in 2019. I have also been a member of all the council's committees since 2020 and a member of Maui's Metropolitan Planning Organization.
2. In 200 words or less, please tell us: a) What is your vision for Maut? b) What is right with Maul? c) What is wrong with Maut?


Mayor Mike and Joycelyn Victorino

## Hope ...

## from p. 1

Entering the final year of his first term, Mayor Michael Victorino expressed more optimism than his daily press conferences: "Maui County is a community first, and visitor destination second. Although tourism remains our County's main economic engine, our economy can improve its balance through support for industries in agriculture, arts and creativity, science and technology, health and wellness, education and environmental restoration."

Victorino outlined his plan: "Like a strong, stable chair, my plan for economic recovery has four legs: upgrading to greener infrastructure to enable more affordable and attainable housing; balancing tourism; diversifying

Maui County's economy; and strengthening our County's holdings for future generations. As we look ahead, we will use the County's land and real estate assets to make way for new housing construction, help prepare for climate change by moving parks and roads inland and protect open spaces by preserving our natural and cultural treasures."

With the nation and the state entering a third year of the pandemic, COVID-19 continues to color local officials' expectations and hopes for the


Gov. David Ige
to see the community co together to keep one hope for the new year is that we continue the momentum in putting our family, friends and neighbors at the forefront as we all work together to end this pandemic."

Small business owner Grace Sales' basic hope is the pandemic will come to a close by 2022. "Like you, I want things to go back to normal. I also want to travel, not wear a mask, not hear someone die of COVID or see people fight about vaccination. I don't want to be suspicious every time someone coughs, constantly worry


Grace Sales
about new and retire here if they so choose." virus vari- With a lot of plans for the next year, ants that's the Mayor added, "To make all this beginning possible, we need to remain vigilant to evolve in- against COVID-19 and its variants. We to a trans- can take care of ourselves, family and former friends by getting vaccinated and folname or be lowing up with booster shots after six under the months. Testing for COVID is another threat of be- important way to curb the virus by ing confined identifying infected individuals quickagain to my ly."
house and do endless TikToks to bid time. Never have I imagined during the early days of this pandemic that I would be so afraid to be a foot away from another human being as if his or her breath would melt my face or insides, or that toilet papers would sell like hot cakes." Sales understands she can't just "hope and rely on magic for things to happen. I know that I have to do my part as a responsible member of the community because while I can't control someone else's actions, I can control mine. By now, we have all cination, they can call the UHMC realized that this pandemic is just not Health Center at 984-3493 and schedabout you and me. We all have to do our share if we want to have this pandemic be over soon."

Mayor Victorino is optimistic. "My hope for Maui County in 2022 is to safeguard the health and safety of our people so we can continue on the road to economic diversity and recovery. Our

Melen Agcolicol


Chancellor Lui Hokoana

UH Maui College Chancellor L u i Hokoana added, "Just one hope: That everyone gets vaccinated so we can kick this pandemic ule an appointment to get a Covid VAX shot." Victorino also observed, "I'm proud of what our residents have accomplished in limiting the impact of the virus on our island communities. However, COVID does not give credit for good behavior. We can do all the right things. But if we let our guard down people are our greatest
 live and work here, raise their families


## GIVE YOURSELF A BOOST THIS NEW YEAR!

It is more important than ever to get vaccinated and, if you have already been vaccinated to receive your booster dose. The positivity rates continue to climb exponentially in Hawaii, and as we start this new year, this is an important reminder that COVID-19 is still very much part of our world and that we need to continue with the precautionary measures to protect ourselves, our loved ones, our community, and hospital resources. Get vaccinated today, including your keiki.

## Some things to consider:

Omicron has become the dominant strain, accounting for majority of the new cases in the U.S with cases increasing daily.

- Vaccine effectiveness against symptomatic Omicron infection is between $0 \%-20 \%$ after two doses of the Pfizer/Moderna vaccine, and between $55 \%-80 \%$ after a booster dose.

For more information on the COVID-19 vaccine, visit mauihealth.org/covidvaccine

## MAUI MEMORIAL MEDICAL CENTER VACCINE CLINIC HOURS*

Monday through Friday -9 am to 12 pm and 1 pm to 5 pm Walk-ins welcomed for all qualified vaccine recipients.** (MMMC administers the Pfizer COVID-19 vaccine only)

If preferred, appointments are still available at vams.cdc.gov. To expedite your vaccination, please review all required vaccine documentation at mauihealth.org/covidvaccine before arriving, and bring a valid ID (required), and a copy of your insurance card (if available).
For questions, call (808) 242-2273 or email us at mh-covid-vaccine@kp.org.
*Clinic hours subject to change. Please visit mauihealth.org/covidvaccine for current schedule.
$* * *$ Vaccine recipients under 18 years old must be accompanied by a parent/gurdian **Vacine recipients under 18 years old must be accompanied by a parent/guardian

MAB CLINIC UPDATE - Maui Memorial Medical Center is now the only site on island to administer monoclonal antibody therapy ( mAb ) treatment. mAb treatments are available to qualified individuals, by appointment only. Please review qualifications and treatment indications at mauihealth.org/mab and email appointment requests to MHS-covidmab-requests@kp.org. Phone and walk-in requests will not be accepted.
For mAb treatment questions, please contact your PCP so they can assess your individual health conditions and medical needs.

# Maraming Salamat Po! <br> To the Sponsors of A Bayanihan Christmas celebrating the Christmas Season, Sakada Day and Rizal Day <br> <br> Presented by Binhi At Ani 

 <br> <br> Presented by Binhi At Ani}


Bayer CropScience

st
ALFREDO EVANGELISTA

## Mahalo



Kawena Kan-Hai Host

## Alfredo Evangelista

Director and Producer
Jeanice "Jan" Paa, Assistant to the Host

Basilia "Bessy" Evangelista

Asistant to the Director

## Videographers

Nora Cabanilla-Takushi, Brittany Cacayorin, Patrick Constantino, Alfredo Evangelista, Dixie Kaetsu, Madelyne Pascua, Jeffrey Thomas

## Entertainers

Angel Alba, Shandi Agpoon, Rizamay Basig, Trisha Basig, Christie Bismonte, Angela Bumanglag, Ferdinand Cajigal, Karissa Cajigal, Jamie Carino, Angeline Cuaresma, Alfredo Evangelista, Basilia Evangelista, Jedd Ann Gadia, Jia Garcia, Sheena Garo, Avee Lampitoc, Genesis Lampitoc, Irene Magsayo, Lawrence Pascua, Madelyne Pascua, Rose Rafael, Kathleen Taroma, Kimberly Taroma, Maria Thomas, Ava Torres, Nicole Yuzon

Maui High School Chamber Choir, Maui High School Chorus, Maui High School Bel Canto Choir under the direction of Kristin Kawahara

## Readers

Benjamin Acob, Melen Agcolicol, Virgilio Agcolicol, Angel Alba, Elizabeth Ayson, Rizamay Basig, Jia Garcia, Sheena Garo, Gil Keith-Agaran, Genesis Lampitoc, Lucy Porte, Philip Sabado, Maria Thomas, and Cherry Respicio Urias
Mayor Michael Victorino I Bahay Kubo Heritage Foundation
And to all who gave their Greetings
for a Merry Christmas and a Happy New Year!
Thank you also to all the volunteers for the Drive-By-Food fundraiser Belinda Agapay, Melen Agcolicol, Arleen Alvarez, Arnel Alvarez, Michelle Balala, Rose Balmores, Levy Cadavis, Sheena Garo, Kawena Kan Hai, Rochelle Mendoza, Cora Molina, Bong Miranda, Jeannine Miranda, Victor Lesa, Jeanice "Jan" Paa, Jaycel Pardo, Fem Pascua, Madelyne Pascua, Primo Pascua, Nora Cabanilla-Takushi

And those who purchased plate lunches.
If you missed it, you can still watch it on our Facebook page: facebook.com/BinhiatAniFilipinoCommunityCenter


## From the Editor's Desk

Vince Bagoyo, Jr.
Editor • Fil-Am Voice


Maybe this year's new resolutions will focus more on the good which gives more meaningful awareness and can uplift our spirit and bring lasting joy to others.

## Graphic: Lawrence Pascua

## New Year's Resolution's

Making New Year's resolution's is easy ... Sticking with it is hard

" 1hy?" we ask ourselves, as we contemplate the creation of our New , then we look forward to the our Now while making good resolutions is Year's Resolutions important and easy-sticking with which always seems them is hard. Most of the time we to be a terrific way to start a new fail within a few weeks, if not year. This is a long-standing tradi- days, after making our resolutions. tion because of its universal hope Let us explore how and why this to change something or several happens.
things, for the better. The positive Committing to the goals we creintention hooks us into a com- ate for ourselves can be difficult, pelling sense of wanting to create and they can leave us feeling depossible opportunities for the feated if we do not achieve them. things we did not quite accomplish Too often, setting lofty goals in our yet or would like to begin. The resolutions results in making us "audacity of hope" is what a for- feel overwhelmed and before long mer president called this phenom- we succumb to the weight of the enon. pressure, which we often forget-

## There is a universal appeal in is self-imposed.

hope, an elusive beacon reminding Most common New Year's resous we can always do more, we can lutions focus on personal/physical conscientiously do better. So, we lifestyle-with familiar recurring declare our resolutions, we plan, themes like health and fitness, imwe prepare our motivational self- see FROM THE EDITOR'S DESK p. 6


## Fil-AmVoice

Location
24 Central Avenue
Wailuku, Maui, Hawai'
USA 96793

## Contact

Tel: (808) 242-8100 Email:
info@filamvoicemaui.com
Internet Web:
www.filamvoicemaui.com Facebook:
facebook.com/FilAmVoiceMaui

## Publisher The Fil-Am Voice, Inc.

 Tante Urban, Presidentinfo@filamvoicemaui.con

## Editor

$$
\begin{aligned}
& \text { Vince Bagoyo, Jr. } \\
& \text { info@filamyo }
\end{aligned}
$$ info@filamvoicemaui.com

Assistant Editor Alfredo G. Evangelista info@filamvoicemaui.com

Art Director Lawrence Pascua graphics@filamvoicemaui.com

Account Executive Sharon Zalsos Banaag
info@filamvoicemaui.com

Contributing Writers Elizabeth Ayson, Ph.D. Vince Bagoyo, Jr. Sharon Zalsos Banaag Errol Buntuyan, M.D. Dulce Karen Butay Patrick Constantino Alfredo G. Evangelista Brooklyn Jones Gilbert Keith-Agaran Gilbert Keith-Agaran Lawrence Pascua Lucy Peros Liza Pierce Tante Urban Distribution Manager Paul Manzano Web Master

[^0] position of the Fil-Am Voice, Inc. Any assumptions made within these articles are not reflective of the position of Fil-Am Voice, Inc.


Tamara Paltin sits in Council with visiting Maui Fire Department Photo courtesy Tamara Paltin

## Leadership ...

 from $p$. 1A. My vision for Maui County is that we are a resilient and sustainable County; able to weather storms, climate change and economic setbacks and bounce back together, better and stronger than before. I want to see all our residents be able to own a home, pursue a higher education or be able to pursue their dreams here in Maui County. B. During times of hardship, as a County we pull together and take care of one another. We are moving to diversify our economy through agriculture and innovation and as a County we give a lot to our non-profits that assist in raising the standard of living for those in need. We work hard to protect our environment and resources and balance the need for development. C. Despite our efforts, we are over dependent on tourism, home ownership is unattainable for most residents and we are short of critical workers such as doctors, nurses, police and teachers. We have limited mass transportation options and the Jones Act contributes to making the cost of living too high for most residents.
3. In 125 words or less, please describe your relationship with Mau's Filipino community.
My mother's family came to Hawaii several generations ago to work on the sugarcane plantations. My mother was raised on Hawaií Island, 'Amauulu Camp 5 during World War II and worked at the Pineapple cannery in Honolulu to put


Tamara Paltin helps build housing. Photo courtesy Tamara Paltin
herself through college. I am not Filipino, but I grew up going to school, working and spending time with many Filipino community members as friends. I share plantation roots with many of Maui's Filipino community and a love of the culture, work ethic and commitment to education.
4. In 500 words or less, please identify and explain the three greatest needs of Mauis FilIPINO COMMUNITY.

The three greatest needs within the Filipino community are affordable housing, better paying jobs and access to higher education opportunities. I believe Maui's Filipino community is greatly undervalued. So many Filipino members of our community work more than two jobs and live in overcrowded housing situations. Al-


Tamara Paltin speaks at an event.
Photo courtesy Tamara Paltin


Tamara Paltin shares big smiles with her 'Ohana.
Photo courtesy Tamara Paltin

## though many Filipino work multiple

 jobs, they are often low paying jobs. This fulfills a critical need, but decreases quality of life, time spent with family, rest and pursuing other interests for the workers. More and better access to higher educational opportunities can allow Filipino youth as well as adults, to get higher paying specialized jobs in a variety of needed fields (Medicine, law enforcement, caretaking, etc). We need to create space to allow our youth to try out different career paths that can lead to better paying jobs which can in turn make home ownership a reality. Maui County does invest in Maui Economic Development Board which expands opportunities for school aged youth. The County also funds Maui Economic Opportunities, which has a Core 4 business development program that can help adults who have an idea and want to become small business owners. Our Filipino community needs leadership to encourage their involvement in attaining higher education and support to obtain good paying jobs that they are interested in and that help to forward the goals of Maui County as described in Maui's General Plan. Across the board, affordable housing is the most critical issue facing Maui community members, including Filipino's. Demand far exceeds supply and there are so many people from outside of Hawai'i buying properties with cash and above the asking price. We have number of affordable/workforce housing projects coming up and these rental projects can offer lower rents for families to save up towards home ownership. Hale Makua, Nā Hale o Maui and Hawaiian Community Assets, and others, have programs open to all Maui County residents to help get them on track to home ownership. I encourage the Filipino community to take advantage of these programs designed for all our residents to help them apply and qualify for loans and improve their credit score to get them home ready when the opportunity arises.
## Shane Sinenci



1. In 100 words or less, please tell us your background, including detalls about your family, education, and experience in the public, private, and nonprofit sectors.

Mabuhay! I was born and raised in Hāna to Stephen Sinenci Sr. and Gladys Roback. I attended Lahainaluna High School as a boarder, and later received a Bachelor of Architecture from the University of Oregon. Upon returning to Maui, I taught at Hāna High and Elementary School as a special needs teacher for 20 years. Since being on the Maui County Council, I have worked on Environmental issues and Cultural preservation efforts. I currently chair the Agriculture and Public Trust committee and am working on the Water Use Development Plan and the new Agriculture Depart-
2. In 200 words or less, please tell us: a) What is your vision for Maul? b) What is right with Maul? c) What is wrong with Maul?

Maui County is a special place for both residents and visitors. It has a rich agricultural history where many of our ancestors worked in the sugar and pineapple plantations. The cost of living in Maui can be quite expensive, particularly when we depend on 90 percent of imported goods from the MEETINGS ON JANUARY 26 \& 27

## AND COMMENT ON THE FULL PACKAGE OF PROPOSED

 CHARTER AMENDMENTS.

Learn more at the Charter Commission website

## www.mauicounty.gov/ CharterCommission

0

## Hope ..

that opportunity. Small things matter, like washing hands frequently, avoiding crowds and watching physical distancing from those outside your household."

Small business owner Melen Agcolicol expressed her hope: "My hopes for 2022 is to have COVID go away completely so our lives will go back to normal. Our health is my primary concern and it affects our daily activities and lifestyles."

The return to normalcy is also on the mind of Maui County Council Chair Alice Lee. "I feel very hopeful that 2022


Alice Lee


Gabrielle Gutierrez


Michelle Balala and fiancé Adi Siores
many opportunities to not just return to normalcy but to reestablish a new and improved way of life for all of us post COVID -19. We will work to diversify and strengthen our economy, provide a wider range of affordable housing to local home buyers and to those who are houseless, do a better job of protecting our environment and expand access to education and training. This is just the beginning!"

## from the

Editor's Desk ${ }_{\text {Canstramac }}$
proving finances, learning new things for personal development. These previous resolutions may be familiar to you:

- Exercise more
- Lose weight
- Live life to the fullest
- Spend less and save more money
- Travel more
- Spend more time with family
- Seek a new hobby

Last year, because of the pandemic, we experienced many challenges that changed the trajectory of our lives. When planning resolutions for 2022, a good and first place to start is to reflect on your 2021 resolutions. We all faced challenges last year, marked with prolonged COVID-19 related meas-ures-lockdowns, isolation, anxiety and even depression. Living through such difficult and stressful times can show us a better appreciation for life-we are more resilient and able to bounce back with a higher appreciation for being alive and greater determination to use our time with deeper awareness and gratitude.

Maybe this year's new resolutions will focus more on the good which gives more meaningful awareness and can uplift our spirit and bring lasting joy to others. Here are some New Year's resolutions you may want to consider:

- Practice the act of kindness for strangers
- Offer forgiveness to those who may have wronged us
- Send encouraging cards to someone who is alone, feeling lonely
- Find a cause that you can be passionate about
- Write thank you cards to teach-
ers and healthcare workers
- Have more intentional conversations with neighbors
- Give brotherly/sisterly love to the unlovable
- Express and share gratitude for and with others frequently
- Be more patient, less judgmental
- Share a genuine smile with strangers
- Extend grace to all

In the words of Zig Ziglar:

- Be strong, but not rude.
- Be kind, but not weak.
- Be bold, but not bully.
- Be humble, but not timid.
- Be proud, but not arrogant.

Let us make our 2022 New Year's resolutions a reflection of God's character and make them count to bring happiness and joy. Like the Holy Bible says, "Let's be doers of the Word, and not hearers only." And, "Faith without works is dead." In David Mathis' Advent Prayer during the Christmas season is a reminder the "joy in us, through Christ, would rise to the level of sweet, encouraging, upbuilding, hopeful words. Make our mouths to be foundations of contagious joy in Christ. May Jesus be honored in our words and may the hearts of our friends and family be enriched, rather than encumbered by the things we say." Yielding to God's Word will make our New Year's resolutions more meaningful, achievable and will bring us closer to "a more perfect union."

Happy New Year! 米


Helping to do her part to protect the environment through her business is a goal for Gabrielle Gutierrez: "I will make Sugaring the main form of hair removal here on Maui and the rest of Hawai'i. As a Filipina that was born and raised here on Maui and has seen our landfills grow exponentially over the years has motivated me to become a steward of love for the land. I am so thankful that I create an impact through my work by helping and teaching other estheticians the right skills and techniques on how to properly sugar others in their line of work. Sugaring is biodegradable (the sugar paste is made of just three ingredients: sugar, lemon, and water) and there's less waste involved (no sticks or strips) compared to waxing. Being more mindful of the waste that's created through everyday tasks and practicing alternative ways on how to live waste-free for myself and others are my hopes for 2022."

Michelle Balala, a teacher at Kahului School, expressed "I hope 2022 brings more opportunities and normality in our daily lives." She has very personal reasons for a positive outlook. "I'm looking forward to marrying my best friend this year with all of my family and friends from near and far." Busy Balala is optimistic about her business ventures. "With my business, Exertus Financial Partners, I look forward to helping more families eliminate debt. It's an exciting year and I have a really good feeling about 2022."

On the federal level, Hawait's senior U.S. Senator Brian Schatz re-

U.S. Sen. Brian Schatz marked "2021 was not an easy year and I'm grateful to the Filipino community, including so many on lines who have sacrificed so much to help Hawai'i fight this ongoing pandemic. Together, we were able to take important steps to move our state forward. In Washington, we worked to pass the American Rescue Plan and delivered more than $\$ 6$ billion to Hawai'i to keep people in their homes, support small businesses and workers and distribute vaccines. And our bipartisan infrastructure bill has already provided millions of dollars to improve our roads, bridges and public transportation, making it safer and easier for people to get around while creating thousands of local jobs. As we begin 2022, we continue our
work to keep people healthy and rebuild our local economy. We're also working hard to address the climate crisis and improve health care for Hawaíi families by lowering the cost of prescription drugs and expanding Medicaid. Representing our state in Washington is a privilege I don't take for granted and I look forward to continuing this important work in the new year. I hope everyone has a safe and healthy 2022. Mabuhay!"
U.S. Senator Mazie Hirono noted, "In 2021, under President Biden, we were able to accomplish so much to
 help working families, including passing the American Rescue Plan and the Infrastructure Investment and Jobs Act. We also passed my legislation,
the COVID-19 Hate Crimes Act, to address the rise in verbal attacks and physical violence the Asian American Pacific Islander (AAPI) community has experienced during the pandemic."
She added "But there is a lot more work that needs to be done. Next Congress, the first thing the Senate must do is pass legislation to protect the sacred right to vote. We also must pass President Biden's Build Back Better plan to lower costs for families in Hawai'i and take urgent steps to combat the climate crisis. We are determined to get this done."
U.S. Representative Kaiali'i Kahele, completing his first year in the U.S. Congress, noted, "As we head into
 2022, it is fitting to look back at what we have lived through and a c com plished. Like many of you, my family and I have felt the impact of the last year that included both triumph and disaster for our communities. We endured our second year of the global COVID-19 pandemic, lived through floods that devastated our island communities and witnessed the Capitol insurrection that threatened our democracy. Yet through it all, we remained steadfast and together we will continue to build a home that is safe and healthy for our families, see HOPE p. 12

早the time this issue is published, I am confident Joe Burrow will have led my AFC North Division Cincinnati Bengals to a convincing win over the Raiders in the NFL WildCard Round! That will end a long play-off victory drought. The Queen City's pride has not scored a post-season win since 1991 (eight losses) and has not advanced to the Divisional Round in three decades. And don't remind me about the two Super Bowl losses to former Bengals assistant coach Bill Walsh.

We're due.
Even more, Klay Thompson will have returned to the basketball court after spending two years on the sidelines recovering from injuries. He will re-join a Golden State Warriors team that barely resemble the team that lost to the Toronto Raptors in the 2018 Finals, except they're winning again. And Steph now holds the all-time career record for three-pointers made while Draymond still remains one of the best defenders in the NBA. With a new supporting cast of veterans (Andrew Wiggins, Andre Iguodala, Otto Porter, Jr., Nemanja Bjelica, Kevon Looney, Damion Lee) and young players (Jordan Poole, Gary Payton II, Jonathan Kuminga) for the active Splash Brother, the Dubs have one of the best records to start the season.

Local Maui Interscholastic League fall sports returned finally and two Maui schools played for state football ti-tles-Lahainaluna for the Division I crown and KamehamehaMaui for the Division II championship. Maui High had a winning record and beat Baldwin High twice.
But all the good news about sports gets dampened by the on-going-COVID situation (our transfer portal plagued University of

Hawai'i football team withdrew from the Hawai'i Bowl when too many players tested positive for COVID).

Twitter claims Joe Burrow, making sure he can play in the WildCard game, is carefully avoiding crowds. In fact, the team ruled out him even traveling to Cleveland for the Bengals final regular season game. COVID has also impacted Golden State. Along with expected injuries for finely tuned athletes, the Dubs have lost certain players to the NBA's health safety protocol for several games already.

The vaccines work as advertised, although boosters are recommendedlowering the impacts of infection and reducing the numbers required to be hospitalized. All good things. But Pandemic conditions continue. One variant overtaken by another as Delta gets overshadowed by Omicron.

The Omicron variant appears to be spreading rapidly and health providers are preparing for the worst (even as initial data indicates Omicron is more contagious, it also is not causing as serious impacts as Delta, even to the unvaccinated and unboosted). While cautious due to the limited ICU beds we have in our County, our health providers are better prepared and hopefully equipped to deal with a growth in hospitalizations.

But reaction to COVID has shifted.


Gil S.C. Keith Agaran and Alfredo Evangelista having a competitive NFL moment during a 2022 pre-playoff shenanigan session. Рhoto: Gil S.C. Keith-Agaran

Most of us were able to travel and celebrate the holidays with family after perhaps missing those gatherings over the last two years. We've gone out to eat. Our churches, to some extent, resumed in-person services through Ad-

## Dinengaeng \& Pinakeet Who Dey!

Gilbert S.C. Keith-Agaran
vent to the Christmas season. Many have returned to work as the economy re-opened. Visitor numbers to Maui County are close to 2019 even with Hawaic's continuing travel safety protocols for out-of-state arrivals. There's great resistance to impose another shutdown. And schools re-opened.

People simply are weary of pandemic life. A group even tried to gather enough voter signatures to recall Mayor Michael Victorino just a few months before he faces the primary election in August.

There's understandable reluctance to close in-person schools and return to virtual learning-even with growing numbers of teachers and other staff calling in sick daily. Most certainly acknowledge virtual learning was not great for Hawaii''s students. But it's unclear whether the experience of the past two school years resulted in any additional planning for expanding or making virtual learning more available and effective.

The approach seems to be wait and see at this point. The Legislature convenes for the new regular session on January 19. At Christmas, the House and Senate, following City and County of Honolulu guidelines, were planning for a re-opened Capitol building. Just a week later, caution required remaining closed and planning for continuing

Zoom/YouTube virtual hearings until circumstances change for the better. Here at home, the Maui County Council and County boards and commissions remain closed, holding hearings and meetings on the BlueJeans platform.

But while schools remain open, the MIL has decided to bar fans from high school games.

No one should be happy that we've fallen back-but with a vaccine that
works and health care better prepared, there is reason for optimism. But it does require the community to remain committed to keeping each other safe. And it requires all of us to exercise continued Common Sense, Courtesy and Caution.
And hopefully we'll be able to hold a Super Bowl Party in February. WhoDey! 粪

Gilbert S.C. Keith-Agaran practices law in Wailuku.



Jarred Peros


Faith Christy Soliven

Brooklyn Jones | Maui High School, Class of 2022

December is an exciting month of Maui High School, officially became for all: full of everything the Acting Area Complex SuperintendChristmas or winter-themed, ent on December 14, 2021.
a break from work and school and the "Mr. Yap set a positive example of end of the old year. On top of every- what a principal should be like," says thing, December brought something Maui High School Junior Jarred Peros. else special this year. Mr. Jamie Yap, As the head of the school, principals after leaving his position as principal must set up rules and regulations but



Norlito Ranchez


## Jamie Yap

 and they "ensured safety and fun" at Maui High.

He also admired the principal's school spirit. Be it basketball, football, baseball, and more, you could spot our principal cheering the Sabers on.

Not only would he come to competitive events but he enthusiastically participated in student-led activities too, like the seniors' class music video for one year's annual homecoming music video. Needless to say, the seniors took the win.

And Sabers remember in virtual school, Mr. Yap would make appearances during Saber F.Y.I. videos-
"Whether they knew him personally or from afar, it's evident Mr. Yap had a significant impact on the lives and attitudes of his students."
-Brooklyn Jones the media students' weekly production for announcements aged students to stay on top of their month's guest columnist is Brooklyn grades and contact their teachers or Jones, a Senior at Maui High School. the counselors if they needed extra She is an assistant editor in her school's help with the responsibility of online journalism program, Saber Scribes, and assignments. It was important for struggling students to know there was someone to support them.

When school came back full time, Faith Christy Soliven, a senior at Maui High, recalls a visit from the principal in her Education class. As someone interested in the education field, Faith respected the "passion" and "heart" Mr. Yap displayed
 also a member of the Girls Can STEM Club. Brooklyn is in the ACOM Pathway at Maui High, specializing in graphic design. In her free time, she swims for Hawait Swimming Club, bakes and likes to as he talked about his lifestyle and job go to the beach. She is the daughter of responsibilities. "His warm personality Melissa Ligot Jones and Darren Jones.


It is important that our established Filipino businesses support our young mga bata, into professional careers including law, medicine, dentistry, and consulting. Рhoto courtesy Shane Sinenci

## Leadership ...

 from p .5US mainland. A new Department of Agriculture will greatly improve our food security on the island, by keeping important agricultural lands for food production and developing the infrastructure to process food products on the island. Our predecessors survived
on every aspect of farming, and diversified agriculture will create plant byproducts, more economic opportunities for value-added products, and a chance to bring food costs down.

Our visitor industry is an important economic driver that we want to manage and sustain because over-tourism can quickly overwhelm us beyond our control. It is important that the rental car industry does not overwhelm our


Shane Sinenci pounds taro into poi at our Hawaiii State Capitol building. Photo courtesy Shane Sinenci


During the Proclamation of Judge Joseph Cardoza day at the Kalana O Maui building, Sinenci stands with the Mayor and fellow councilmembers for this photo. Рhoto courtesy Shane Sinenci
roadways and highways, that our mous, including military service, politbeaches are open to all users, and that ical office and vital frontline workers short-term rentals do not over-run our during the pandemic. Our Filipino hislocal neighborhoods. Other mainland tory in Hawai'i spans over 100 years! communities are experiencing over- And although Filipinos provide a vital tourism and it is important that we workforce for our agriculture, hotel, manage our visitors' footprint upon and medical industries, more investour precious island environment.
3. In 125 words or less, please describe your relationship with Mau's Fllipino communtty.
My grandfather, Blas Dadoy Sinen ci, was one of the first sakadas to Hawai'i. He came in 1931, from Pinili, Ilocos Norte, to work on the sugar plantation. He ended up at the Kipahulu Sugar plantation where he met and married my grandmother Martha Tolentino. Papa Blas was a true farmer, he sold his bananas to the plantation neighborhoods and lived off of his garden of sweet potatoes. He fathered 9 children, 7 sons and 2 daughters, of which his eldest Stephen was my dad. My uncles all became workers in the construction industry including contractors, masons and landscapers but farming was a labor of love. My family instilled in me the ethics of hard work and family; all Filipino values that Papa Blas taught us.
4. In 500 words or less, please identify and explain the three greatest needs of Mau's Filipino communtry.
Maui County's Filipino community provides us with a rich culture and a sustainable workforce. The contribu-


Shane Sinenci sits with 'ohana following his swearing-in at the County building. Photo courtesy Shane Sinenci

## Community... In Action



Fr. John A. H Tomoso at the December blessing of the Bahay Kubo Heritage Foundation with Foundation president Zaldy Ugalino.
Рното:
Alfredo G.
Evangelista


Bayanihan Feeding Program.


## COMMUNITY... IN ACTION

Compiled by Assistant Editor Alfredo G. Evangelista. Send your community briefs to info@filamvoice.com.

## BAHAY KUBO <br> HERITAGE FOUNDATION <br> The Bahay Kubo Heritage

 Foundation will host Mayor Michael Victorino in late January 2022 to give him an update of the completion of the renovations at the Bahay Kubo at the Kepaniwai Gardens in lao.If anyone wants to volun-
teer to help maintain the Bahay Kubo, please email bahaykubomaui@gmail.com. Monetary donations are still needed and can be mailed to Bahay Kubo Heritage Foundation, 32 Hapua Place, Wailuku, HI 96793. T-shirt sales are still available through flipsideurbanapparel.com.

## BINHI AT ANI

Binhi at Ani Filipino Community Center is now open for events inside the Center. There are protocols to follow. The office is open on Mondays, Wednesdays and Fridays from 3 p.m. to 5 p.m. and on Saturdays from 9 a.m. to 3 p.m.

## \#BayanihanFeedingProgram

The program provides a Sunday lunch to Hale Mahaolu Residents in Central

Maui. As of December 31, a total of 5,592 meals were delivered. There is a need for additional teams of volunteers to prepare the free lunches. The teams serving during the month of January are Friends of Michael Victorino, Miss Maui USA and Binhi at Ani. Create a Team by signing up: https://forms.gle/cVUGB6X LmtJi7MVH8 or by contacting Chelsea Guzman, chairperson of Binhi at Ani's Health and Wellness committee at guzman.chelsea.i@gmail.com or Sheena Marie Garo, co-chairperson at sheena.garo@gmail.com. Tax-deductible donations are accepted via Paypal or a Credit/Debit card https://binhiatani.org/donate/ or by mailing a check payable to Binhi at Ani, 780 Onehe'e Avenue, Kahului, HI 96732 [Memo: Feeding Program].


2021 Scholarship Recipient Jadynne Zane at The 2021 Seed and Harvest Dinner
Photo: Kelsey Herrold


The Scholarship Golf Tournament will be held on Sunday, March 6, 2022 at The Dunes of Maui Lani. Sponsorships are available as follows: Platinum - \$1,400 (eight players); Gold \$750 (four players); Team - \$600 (four players). To receive a copy of the registration form, please contact Arnel Alvarez, Chairperson of the Golf Com-
mittee, at (808) 357-0748 or via email Lenra1268@gmail.com. The Early Bird Deadline is February 14, 2022.

## Scholarship Awards

The Application for the 2022 Scholarship is now available on-line and through the guidance counselor of each high school. For more information, contact Michelle Balala, Chairperson of the Scholarship Committee, at (808) 268-8915 or via email michelle.balala@live.com. Applications are due by March 1, 2022.

Bust of Dr. Jose Rizal at Kepaniwai Heritage Gardens at 'ITao Valley.
Рнотo: Lawrence Pascua

Miss Maui Filipina 2019 Mary Grace

Gasig.
Brace
Рното:
Rachel Andrion/ RachelAngelafilms


## MAUI FILIPINO

 COMMUNITY COUNCIL
## Rizal Day/Installation

The Council will hold a Rizal Day 2021 22 Celebration and Installation of Officers on Sunday, January 30, 2022 at the Maui Beach Hotel elleair Ballroom. Jing Gumpal will be installed as President along with the other members of the Board of Directors. The event starts at 4:30 p.m. Tickets are available at $\$ 25$ and may be purchased from Marilyn Oura, telephone number (808) 280-2057.

## 2022 Miss Maui Filipina

## Scholarship Pageant

Miss Maui Filipina 2019 Mary Grace Basig is expected to crown the new Miss Maui Filipina in June 2022. If you are a single woman of Filipina ancestry between the ages of 18 to 27 and interested in entering the 2022 Miss Maui Filipina Scholarship Pageant, contact Michelle Santos at (808) 264-0871 or mmf.mfcc@gmail.com for more information.



Yuki Lei Sugimura stands with MEO staff and with the work and in support of their organization.
Рното courtesy Yuki Lei Sugimura

## Leadership ...

from p. 9
in food security on the island, growing and processing food will be important diversified businesses to promote in the coming years. Filipino food is a favorite amongst all island cultures and promoting the culture through food is imperative.

In closing, I look forward to more dialogue with the Filipino community and in supporting Filipino-American Heritage in all facets of our daily lives. Maraming Salamat!

## Yuki Lei Sugimura

1. In 100 words or less, please TELL US YOUR BACKGROUND, INCLUDING DETAILS ABOUT YOUR FAMILY, EDUCATION, AND EXPERIENCE IN THE PUBLIC, PRIVATE, AND NONPROFIT SECTORS.
Maui born, raised sugar plantation, Baldwin graduate, UH Mānoa, Bachelor of Science degree, wife 35 years, mother, three term Councilmember, businesswoman, Democratic Party Maui Vice Chair. Maui County Representative for U.S. Senators Daniel K. Akaka and Mazie Hirono. Advocated on COVID-19 eviction moratorium
program which shared sources for financial support. Volunteered COVID19 food-box distribution at the Binhi At Ani Filipino Community Center, 2021 MEO Kūpuna Advocate of the Year awardee, 2019 M.A.U.I. (Making An Unforgettable Impact) Kanaktion Community Leader Award for Prevention of Under Age Drinking. Board member Maui Filipino Chamber of Commerce, Maui Nisei Veterans Memorial Center and Japanese Cultural Society of Maui.
2. In 200 words or less, please tell us: a) What is your vision for MaUl? b) What is right with Maul? c) What is wrong with Maut?
My hopes and dreams for our residents is to have a roof over their heads with comfort and safety, children who are educated with hopes and dreams towards the future. As the County Council Infrastructure and Transportation Committee chair I am working with the County Departments to build the Central Maui wastewater system and the Wai'ale Road extension. Both these projects will support housing, jobs including long term agriculture, schools and private, public services in the Central Maui area. Also by building the wastewater system, it


Yuki Lei Sugimura helps load cars with food during one of Binhi at Ani's food distribution serving the needs of Maui's community during the COVID-19 pandemic. Рнoto courtesy Yuki Lei Sugimura


Yuki lei signwaves to passersby during her 'Stay Safe!' message to Maui County. Рнотo courtesy Yuki Lei Sugimura
will begin to address the decentralization of the Kahului wastewater treatment facility which may be impacted by climate change and future sea level rise.

What is right about Maui is we care about each other as displayed by the Filipino community during COVID-19 pandemic. The Binhi At Ani Center provided food-box distribution; vaccinations and lifted the community. I was fortunate to volunteer and even donated rolls of toilet paper for distribution. Also I was impressed with the Filipino community scholarship awards and recognition of business leaders. This is absolutely right for the people!

The difficulty of Maui is the cost of living and living on an island with limited available land to build homes and communities.

was Filipino. That was a treasured moment and I felt in my heart that although I am not of Filipino ancestry I could possibly be a part of the Filipino community.
4. In 500 words or less, please IDENTIFY AND EXPLAIN THE THREE greatest needs of Maui's FilIPINO COMMUNITY.
The greatest need for every community on Maui is an affordable home to purchase or rent. Homes are being swept off the market and taking away the opportunity of the American dream from our local families. There is also a short age of homes which drives-up the cost of housing and it becomes unattainable for working families. In my role as Councilmember, I am 3. In 125 words or less, please describe your relationship with Maui's Filipino community.
I treasure the Filipino community and try to volunteer and participate with the many community activities from the various Filipino organizations. At one of the food drives during the pandemic, a gentleman who I was packing food boxes with asked me if I


Yuki Lei Sugimura stands with her 'Ohana. Рното courtesy Yuki Lei Sugimura

## Hope .. <br> from p. 6

kūpuna and keiki. In Congress, the Infrastructure Investment and Jobs Act became law and will bring at least $\$ 2.8$ billion to Hawaiti. We are on track to rebuilding our country stronger with working families and climate sustainability as a top priority. I want to thank you for the opportunity to serve as your voice in Washington, D.C. and look forward to continuing our important work for Hawai'i in the new year. Hau‘oli Makahiki Hou!"

Hirono did provide a note of optimism for the new year: "Hawait''s cultural and environmental advocates and stewards have shown that we can come together to protect Hawai'i's precious resources and address critical issues and the thoughtful management of Hawai'i tourism. In the next year, we must continue to work together to achieve a strong, resilient Hawai'i."

With the State legislative session scheduled to begin January 19, 2022, Maui's longest serving state lawmaker


State Sen. Roz Baker R o salyn Baker noted, "My hopes for 2022 include world espec i a l 1 y Hawai‘i Nei without COVID and where we all strive to practice and live Aloha even in dealings with people with whom we may disagree on important issues. I hope 2022 will provide us with meaningful capital improvement funds for education, health and hospital care on Maui as well as the opportunity to enact laws to address important community issues with a budget that meaningfully funds education, human services and capital improvements for our roads and other critical infrastructure."

The third branch of governmentthe Judiciary-has a new addition on Maui: per diem judge Lance Collins, who is also a music producer. "My 2021 was bookended by the launch of the Kawili album in January and my appointment as a per diem district court judge in December. This year also saw Judge Clarissa Malinao appointed to the circuit court on O'ahu and Judge Kirstin Hamman elevated to the circuit court here on Maui. I'm confident that future judicial appointments will continue to help the bench reflect the diversity of our communities in Hawai'i. In the meantime, my hope for 2022 is that our community will continue to work on addressing the barriers young Filipinos in Hawai'i encounter that limit their access to higher education opportunities."

Mayor Victorino implored, "Let's work together to make our community a better place to live. That can mean picking up 'ōpala on the side of the road or flashing a friendly shaka to someone passing by. Our roads can be a little safer, every day, if we practice Aloha, slow down and focus on the road ahead. Joycelyn and I pray that you and your 'ohana will have a safe, healthy and prosperous New Year. Aloha and Hau'oli Makahiki Hou!"


Per diem Judge Lance Collins


Jay Salva

From the private sector, Jay Salva, Mahi Pono Supervisor, looks back on a couple of years of planting out the former sugar lands with more diversified crops: "Maraming salamat po for your support over these past couple of years as we work to preserve open space and keep Maui's agriculture lands healthy and active. Wishing you peace, health and happiness this holiday season and throughout 2022. Maligayang Bagong Taon!"

For Bryan Sales, who manages his family's business: B. Sales Trucking, Excavation, Pumping \& Plumbing Services LLC, he says his "hopes for


Bryan Sales and 'ohana.

2022 is for things to get back to preCOVID days. Days where we can be with family and friends again. I also hope for good health for my family and me. And lastly, I hope for our family business to continue to grow and be successful."

Jeny Bissell, a nurse with the State of Hawai'i ran off a list of her hopes-


Jeny Bissell
most of which were COVID related: "• Zero hospitalization from COVID. - Zero death from COVID.

- 100 percent of Maui County population ages 5 years old and older get vaccinated; and ages 16 years old and older get boosted.
- More gratitude, kindness and less complaints and rudeness.
- Be the branch of the solution than the root of the problem.
- Only put out negative and/or positive energy that you can handle.
- Put self-care as your number one priority, health is wealth."
After a pretty un-eventful hurricane season, punctuated with the Kona low storm that swept through the island chain, Maui Emergency Management Agency Director Herman Andaya expressed, "As one year ends and anoth-


Herman Andaya
er begins, the Andaya family pray that all of our homes and hearts be filled with peace, joy, gratitude and love. In the new year, it is our hope that we continue working together in improving the lives of our residents and creating a community that fosters goodwill and generosity to all."
But it is the youth who may have been the most challenged. "As a teacher, I hope that schools continue to focus on safety first during this pandemic," says Balala. "The pandemic isn't over, but I believe as long as everyone does their part in getting vaccinated, wearing masks and staying home when sick will help end it soon. I also hope that my students are able to be ready for the next school year. Distance learning was very tough for everyone (teachers, students and parents). Students had a lot to catch up on and this 2021-2022 school year is a lot of pressure for teachers and administrators. So I hope that our students will be ready and prepared."
For 2013 Maui High School alum Jared Sam Agtunong, who graduated from Vanguard College and most recently from Pepperdine University


Jared Sam Agtunong
with a Master's in Public Policy, he is back home to make a difference. "For many college-aged young adults, the pandemic brought a number of Maui kids who call this island their home, back from the continent. Uncertainty remains for many of us, especially as the pandemic continues to shake the economy-plans for setting out in our careers, paying off student loans, homeownership, travel, etc. We are an entrepreneurially focused generation setting out in an evolving post-digital labor market. Amid COVID-19, I crossed the finish line of my academic journey by emailing my final paper from my childhood bedroom in Kahusee HOPE p. 18

## Let's Talk Pinoy!



Happy New Year! Naragsak Nga Baro a Tawen! Manigong Bagong Taon! Maayong Bagong! Malipayong nga Bag ong Tuig! Magayaya ka ta bagu nga dagun! Masaplalang bayung Banda!

What was on your menu this New Year's Eve? Did you have pork for progress, fish for abundance and noodles for wealth? How about a ringshape cake for a circle of luck or black-

# Cets calkimi! 

Dulce Karen Butay

eyed peas or green leafy vegetables for stroke of midnight? What were your good luck? Did you do any of the tra- twelve fruits in your baskets? Anyways, ditions like wearing polka dots, having whatever you had at the table and coins in your pockets or jumping at the what you did, I hope it will bring you
good fortune or good luck this New Year.
Shout out to our January babies Basilia Evangelista, Kallie Keith-Agaran, my niece Camille Butay-Hayen and my goddaughter Roxanne Alibin. Happy, Happy birthday! Maligayan bati sa inyong kaarawan!

Let's see what's going on with our story this month and where Michael and Angel will be going next, shall we?

As they sit there together in agonizing pain, Katherine grabs Ray's nawong (face) and says "A--hole that really hurt" and she lunges into him and they both fall to the floor. She shoves her elbow into his throat. But he doesn't care. He is so overcome with happiness in his korason (heart) that he just pulls her in close and kawul (hugs) her, almost crushing her as well.

She knees him again in the groin and he lets her go. She lays face to face with him and says, "Don't mess with me Ray." As they look at each other, she anggo (kisses) him. And he halik (kisses) her back.

For 25 years Ray was in love with this woman. Twenty-five years of thumb wars and side tackles. Endless phone calls and messages throughout the day. They went through so many bad moments. Like the time Katherine broke her arm at the Ice Palace on O'ahu and Ray came over every single day to take care of her. Like the time Ray sobbed over his frustration for being suspended from the football team due to his bad grades. Katherine would come over and tutor him, even late into the night. The night before his final, they fell asleep in the living room with books all over the floor. Like the time Katherine's high school boyfriend was caught cheating and Ray went to "see him after school." Like the time that Ray's prom date ghosted him at the last minute and Katherine who decided not to go because she hates these types of gatherings, got dolled up and showed up at his door as his replacement date. Birthdays, weddings, close called pregnancy tests, injuries, all the crying and hardship they shared with each other as best friends, came down to this moment with a ummo (kiss). Could they ever go back to being kaibigan (friends)? Would this turn into something special?
Suddenly all of Ray's worries melt away and he yakap (hugs) her and paghalok (kisses) her with 25 years of love. They just lay there looking at each other with utter shock as Katherine gently places her kamay (hand) on Ray's cheek. "Don't worry. It's going to be okay," she whispers as she had done thousands of times before. He looks at her and grins. "Yeah? Why?"

| English | Plilipino | Iokano | Cebuano | Ilonggo | Ibanag | Kapampangan |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Happy New Year! | Manigong Bagong Taon! | Naragsak Nga Baro a Tawen! | $\begin{gathered} \text { Maayong } \\ \text { Bag-ong Tuig! } \end{gathered}$ | Malipayong nga Bag ong Tuig! | Magayaya ka ta bagu nga dagun | Masaplalang bayung Banwa! |
| Kiss | Wala | Awan | Wala | Waay | Awan | Wala |
| Car | Sasakyan | Lugan | Sakyanan | Auto | Kotse | Saken |
| Door | Pintuan | Ridaw | Lukub | Ganhaan | Puwerta | Pasbul |
| Thank you. | Maraming salamat. | Agyamanak. | Daghang salamat. | Madamogud nga salamat. | Mabbalo. | Dacal a Salamat |
| No | Hindi | Haan | Awan | Indi | Diii | Indi |
| Red | Pula | Nalabbaga | Pula | Pula | Uz-zin | Malutu |
| World | Mundo | Lubong | Kalibutan | Kalibutan | Bida | Yalu |
| Friend | Kaibigan | Gayem | Bai | Miga | Kofun | Kaluguran |
| Hand | Kamay | Ima | Kamot | Kamot | Lima | Gamat |
| Hug | Yakap | Arakup | Gakos | Kupo | Gagap-pan | Kawul |

he whispers back as he had done a meeting." The knocking stops and thousand times before. She laughs and they can hear footsteps walking away. says what she always says, "because I'm here."
"Daghang salamat (Thank you)." Ray says softly, takes Katherine's kamot (hand) and gives it a gentle тита (kiss).

Ray and Katherine get up off the floor.
"Did you know how I felt about you all these years?" Ray whispers.
"Of course I did," Kathrine replies. "I always knew but you never made the effort to claim me. I was always yours."

Ray is completely baffled, which turns into sadness, which turns into happiness. He feels every feeling you could feel in that moment, it happens to him. "I never wanted to damage our friendship," he explains. "You mean the kalibutan (world) to me and I wanted you in my life forever, even if it would be just as kaluguran (friends)."

Katherine begins to sob. "Nobody could ever replace you. I would stand by your side until the last days of my life. You just didn't know it," Katherine whimpers.
They embrace and cry. Suddenly there is a loud knock on the ganhaan (door). Knock ... knock ... knock
They hurriedly wipe their tears and begin to fix themselves. The knocking continues. "Hold on a second," Ray shouts. "Come back later, I'm in a
"What's the plan Ray?" Katherine asks. "You could just tell the Chief that you can't do this case because your nephew is involved."
"Hindi (No). Then he would assign the project to someone else and I would have awan (no) power whatsoever," Ray answers.

Ray searches his pockets and looks for his phone. Beginning to panic, he continues to look in the same places. Walking back and forth, he starts to look stressed and agitated. Suddenly Katherine ejects the device out of her bag.
"You looking for this?" she grins
"What? Where did you? When did you? How did you?" Ray stumbles on his words.
"You, dingdong, you dropped it while speed walking here. So I fol-

lowed you to return it but actually got more than I was looking for," as she smirks and Ray begins to turn $p u$ la (red).
"Why are you turning $u z$-zin (red)? He takes his phone. "Madamogud nga salamat! (Thank you). I know you always have my back," he remarks as he dials Michael's number.

Ring ... Ring ... Ring ... "No answer, it goes to voicemail," Ray says.
Ring ... Ring ... Ring ... "Argg," as he hangs up.

He dials again. Ring... Ring. Ring ..

In the meantime ... Michael is concentrating on his driving. He looks straight at the road. He is scared to look at Angel. As he makes a right turn on a corner, he gets a glimpse of Angel's mukha (face); he can't help it. She looks worried yet she still has that angelic nawong (face). Her eyes are closed as if she is saying a dasal (prayer).

They are almost to the street of his kaibigan (friend's) bale (house) when he notices a saken (car) following them. He doesn't recognize the sasakyan (car).
"Who is behind us? Who could be following us?" Michael exclaims.

Angel opens her eyes and turns around to look at who is behind them.
"I don't know a lot of people," she says to him. Her kasingkasing (heart) starts beating faster. She starts to get worried.
"I will just turn around and mislead him in town. Are you hungry?" Michael asks her.
"My korason (heart) is beating so fast and all you ask is if I'm hungry?
see LET'S TALK PINOY p. 18

Committed to Your Real Estate Goals www.delmore.net
Brian K. Delmore R(S) 808-212-7707
Thomas G. Delmore, BIC 808-283-2438
Kimberly Delmore, PB
808-298-6655


Fr. Michael Lazo Tolentino


Fr. Michael during the Christmas mass.


Fr. Michael with deacon candidates.

It gives me great honor to present Fr. Michael Lazo Tolentino, Administrator of St. Joseph Church, Makawao, Maui, Hawai'i. Fr. Michael was born on January 18, 1978 in Santa, Ilocos Sur, Philippines to the proud parents of Armando G. and Ofelia Lazo Tolentino. He is the eldest of four siblings. His Priestly Ordination: October 4, 2002, 17 years in his Priestly Ministry. He comes from the Archdiocese of Nueva Segovia, Vigan City, Ilocos Sur, Philippines. He sends us his Christmas message:

Christmas is no other than God wanting to be with us. He became one like us as a lowly child born in a manger. So that in this way, we will not be afraid of the grandeur of His power and greatness but will understand His true love for us. We too, love Him neither out of fear nor wonder but with a real love in our hearts.

## Fr. Michael Lazo Tolentino

## A special priest from the Philippines assigned

 to St. Joseph Church in Makawao.Deacon Patrick Constantino | Рноtos courtesy Tolentino Family
As Jesus Christ is telling us in the ilant and resilient, to be hopeful and gospel of St. John that "God so loved prayerful. The coming of Christ will the world that He gave His only Son that whoever believes in Him might not perish but might have everlasting life." (John 3;16). Almost more than a year that we are struggling from this pandemic, we are tried and tested in many ways, our faith, our relationships, and our work and jobs. We struggled a lot on how to survive but thank God by His guidance and grace we are able to do so. Life must go on, there are many important things to do, but our fight from the pandemic is not yet over, still we need to be vigstrengthen our perspective in life, that in every battle there is victory. Therefore, we need to prepare for Jesus and preparing is knowing and doing His
will. If we do so, the grace of God will be given to us and we need to respond to that God's grace in us, how? First, we need to believe in God's presence. What a great blessing on our part to belong to God as His children; for in Christ,


Fr. Michael's parent's siblings, nieces and nephews.
we are destined for holiness and unblemished. We were prepared by God through the power of the Holy Spirit for a holy life and have to be unblemished in this unholy world. Second, we must seek to cooperate with the grace of God in our lives. God needs us to be instruments in today's world and time. Let us pray to God that we may realize this great privilege and responsibility.

And that through Christ we are empowered to resist the snares of evil and to do the will of God and we can place ourselves in the service of God. Being aware of God's presence and being committed to cooperate in God's grace, our preparation for Christmas
will be meaningful and we can celewill be meaningful and we can celebrate with love and joy in our hearts. May this love of God in us be not only manifested during Christmas time but throughout the year. It is fresh and new and never monotonous. We may celebrate Christmas at the end of the year but this does not mean that the love of God, the love of Jesus

love of God every day in many different ways and situations.

God is the faithful and tireless lover who will never abandon us. Merry Christmas and a grace-filled New Year to all!

Fr. Michael also shared his message as we bring in the New Year:
Iti daytoy a baro a tawen 2022, intay sarabuen a napnoan namnama ken pammati. Ti Dios iti kankanayun nga intay kamangan, nangnangruna ti daytoy nga atul-tuloy a pandemia ta mataginayun iti kaadda iti sasayat ken Nabunga a Baro a "May this love of Tawen tayo amin.

Thank you, Fr.

God in us be not only manifested during Christmas time but throughout the year. It is fresh and new and
never monotonous."

- Fr. Michael Tolentino Michael, for your inspiring message and thank you for serving our Parish at St. Joseph Church and the whole Maui Filipino community. We are Blessed with your leadership and thank God for Fr. Michael!来

On June 18, 1987, Patrick Constantino was ordained as the first Deacon of Filipino ancestry for the Roman Catholic Church in Hawaiti. For twenty-two years, he served as Administrator at Holy Rosary Church in Pā'ia, St. Rita Church in Ha'ikū and St. Gabriel Church in Ke'anae. Constantino is presently assigned to St. Joseph Church in Makawao.

Prior to his ordination, Constantino was in government-first appointed in 1966 as Assistant Sergeant of Arms by the Speaker of the House Elmer F. Cravalho. When Cravalho became Maui's first Mayor, Constantino became his Executive Assistant-the first of Filipino ancestry. Later, Constantino became the first County Treasurer of Filipino ancestry and the first County Grants Administrator and Risk Manager of Filipino ancestry.

Constantino has served as a Deacon for 34 years and married Christ is demonstrated to us only once to his lovely wife Corazon for 60 a year. In reality, we experience the years.


Volunteers from University of Hawaii Maui College listen to instructions at a recent vaccination clinic held at Binhi at Ani Filipino Community Center.
Рhoto: Alfredo G. Evangelista


A volunteer at a recent Bakuna at Binhi at Filipino Community Center.
Photo Alfredo G Evangelista
Get vaccinated. Maintain any boosting recommendations as these variants arise. Encourage friends and loved ones not yet immunized to get vaccinated. COVID has caused much worse symptoms, suffering and disease in the unvaccinated than the vaccinated. Mahalo to the many volunteers who continue to commit their time and energy to promote and give vaccinations in our community.

Wear a mask. The latest expert recommendations are to use N95 or KN95 masks for the best protection against Omicron. A surgical or level 2 mask can also be used. The good news is that these are now readily available and in good supply online and at many retail stores throughout the island. There is overwhelming evidence that cloth masks are not good and are ineffective against this latest variant.

Stay healthy. Commit to eating lots of fruits and vegetables, limit processed foods and meats, do not smoke and limit your alcohol and soda intake. Obesity is a major risk factor in getting COVID disease. Get regular physical activity and eat so you can maintain a normal body weight with a BMI less than 25 . You can calculate your BMI with this site from the CDC: Adult BMI Calculator | Healthy Weight, Nutrition, and Physical Activity | CDC.

Boost your immune sys-
tem. Get plenty of restful sleep each night and reduce your stress. Try to get seven to nine hours of sleep each night. Identify your stressors and actively work to reduce them. Getting into a daily routine, exercising, avoiding "junk" food, meditating, maintaining connection with others and talking to a professional in mental health are


Volunteers at the registration table assist Maggie Evangelista during a recent Bakuna at Binhi at Ani Filipino Community Center.
Рното: Alfredo G. Evangelista

We ring in the New Year of 2022 amidst another surge. Omicron emerged in the United States last month and made its way to the Hawaiian shores by the December holidays. The daily number of positive cases once again rose to record numbers. The omicron variant has a large number of mutations in its surface making it more contagious. Both immunized and unvaccinated people are turning positive. The good news is omicron has caused less overall severe illness, hospitalizations and deaths. The unvaccinated population is the least protected and have suffered the most illness with this variant. The unvaccinated still account for almost all those who are hospitalized and dying from COVID.

There is some good news in that the boosters of the mRNA vaccines from Moderna and Pfizer are highly effective against omicron in preventing severe illness, hospitalization and death. Those who received the J\&J vaccine are advised to get an mRNA booster to benefit from this protection. Though the vaccinated are turning positive, the symptoms start quickly after exposure (1-2 days), are very mild (scratchy throat, cough and congestion) and do not last for more than a few days. The spread of omi- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
Continue to wear a mask around others for 5 additional days.
If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (QUARANTINE)

If you:
Have been boosted
OR
Completed the primary series of Pfizer or Moderna vaccine within the last 6 month OR
Completed the primary series of $J \& J$ vaccine within the last 2 months

## If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted
OR
Completed the primary series of $J \& J$ vaccine
over 2 months ago and are not boosted OR
Are unvaccinated

## Stay Ahead of COVID in 2022

Errol Buntuyan, M.D., FAAFP

cron happens via aerosols when a person has symptoms, thus when somene is asymptomatic, the chance of pread is very low.
Because of this, the CDC and the Hawaii' DOH have reduced the isolation guidelines down to just five days (when asymptomatic or with resolving symptoms). Omicron seems to move through rather quickly in those that are infected. The exposure and quarantine recommendations were also updated. See CDC guidance in the table
below.
The effectiveness of getting a COVID booster is still the best way to protect ourselves from omicron infection. Getting boosted against COVID is now the definition of 'fully vaccinated' in Maui County. Also, the FDA has recently authorized children twelve and up to get the Pfizer booster. If you are eligible for a booster and you have not received one yet, please get it done.

The mild symptoms of the omicron variant is a good indication we are moving towards the endemic state.

If You Test Positive for COVID-19 (ISOLATE)
Everyone, regardless of vaccination status.

[^1]The COVID virus seems to be heading towards a more survivable infection as continues to circulate in our popur lation. Still, we are a long way from being able to categorize this as an endemic. COVID continues to maintain a death toll mostly in the unvaccinated and has killed a total of more than 823,000 people in the US and 5.43 million people worldwide. We have seen more deaths due to COVID in 2021 (almost 500,000 ) than we saw in $2020(385,000)$. COVID will be en demic when we get enough immune protection from vaccination or infec tion that we start to see less infections and less death rates. We can only hope that future variants will continue to cause milder symptoms and less death in those that are infected.

Many of us are already exhausted and tired as we approach the secondyear anniversary of this pan-
demic. Unfortunately, news headlines of this latest omicron surge dominate the start of 2022 with infections forcing many people to isolate-impacting staffing shortages in almost every industry. Our daily lives are once again affected. The ebb and flow of surges will most likely continue in the years to come. We must stay as resilient as we can

What can we do to protect ourselves, get ahead of COVID and stay resilient?
 see ITI SALUN-AT YO p. 18


Volunteers from Philippine Nurses Association of America Maui Chapter pose with State Representatives Kyle Yamashita and Sylvia Luke. Photo Alfredo G Evangelista

## Sakada Offspring



# Madeline Pascua Ater 

Lucy Peros | All photos courtesy Madeline Ater

Today, pharmacists are an essen- oversee the drug-use process. Pharmatial part of every health care cy is consistently rated the most trustteam and are recognized as ed profession. drug therapy experts according to Dr. Paul W. Abramowitz, a Pharm D, CEO , Curt Ater are ystem both pharmacists by profession. We are proud to say they both belong to William N. Kelley, MD, a professor of Medicine at the University of Pennsylvania added that Pharmacists exist because society says there needs to be someone in the healthcare system to Haw

apply at hip:://wuw. ganirco. com/ • "Click" on Looking for Work Maranip\&Con

Ganir \& Co is an equal opportunity employer. All applicants will be considered for employment regardless of race, color, religion, sex, sexual orientation, gender identity, national origin and veteran or disability status.
tal (now known as Maui Memorial Medical Center) on September 8, 1967. She attended Kahului Elementary, Maui High School, University of Hawai'i, Hilo Campus and Oregon State University where she received her Bachelor of Science Degree in Pharmacy.

Madeline met her husband Curt in pharmacy school in Oregon. They have been married for almost thirty years now. Curt currently works at St. Lukes Hospital in Idaho as an outpatient pharmacist. As for Madeline, she started practicing pharmacy after graduating, at the Wailuku Professional Pharmacy (now known as Longs Drug - Wailuku). After moving to the mainland, she worked for Albertson's Pharmacy for twenty years. In 2020, she decided to make a move to her current employer St. Alphonsus Hospital, where she is currently an outpatient pharmacist.

Curt and Madeline have a daughter, Samantha. She currently lives in Bozeman, Montana. She graduated with a business management degree from Montana State University in December of 2020. She is currently pursuing her dream of being a tattoo artist and is an apprentice at Blue Rider Tattoo in Livingston, Montana.

Madeline is an only child although she had a half-sister, Sandra Alionar who passed away several years ago.

When Madeline was younger and living on Maui, she was a very active member of the Christ The King Filipino Catholic Club. After moving away to the mainland, her family attends the local Catholic Church near their home. Currently, they go to Holy Apostles Catholic Church in Meridian Idaho. At Holy Apostles, Madeline volunteers at the various activities in the classrooms and for the church fundraising event. She looks forward in the future to do more volunteer work.

Madeline enjoys playing pickleball, snowboarding during winter, and hiking in the mountains.

Madeline was very close to her Dad, Mateo Pascua, who came to Hawai'i in 1938 together with his friends, Catalino Cachola and Francis-
co Cabrera. Mateo was born in Dasay, Narvacan, Ilocos Sur, Philippines on September 28, 1914. Unfortunately, Mateo's parents died when he was very young. Under the care of his Uncle Ponciano Garces' family, he grew up to be a strong handsome young man. Ponciano Garces was one of those men from the Philippines considered as "Old Timer" because he came to Hawaii in the early 1930s to work in the pineapple and sugarcane plantations. Ponciano sponsored young Mateo to come to Hawai'i.

Mateo did not work at the plantation right away. Instead, he worked as a nurse's aide at Kula Sanatorium (Kula Hospital). In those days, Kula San as it was commonly called, was a place of rehabilitation for patients who contracted tuberculosis. Patients were confined there until they were completely cured from the disease. At the outbreak of World War II, Mateo was drafted to serve in the war. Because of health reasons, he did not pass his physical exam. So he worked at Kula San from 1938 to 1946. In 1946, Mateo decided to change jobs. He applied at HC\&S Company and got a job as a truck operator (driver). He stayed in that job until he retired at age 65.
In December 1966, Mateo, at 52 years of age, decided to go to the Philippines to find a wife. There in Dasay, Narvacan, he met the love of his life, the beautiful Adeline Valdez. There was no doubt in his mind that he found his soulmate.

In those days, it was easier to file petition papers for wives to come to Hawai'i. Mateo and Adeline only got to know each other well for a week before their marriage. Mateo's one month vacation was coming to an end so quickly. So to expedite matters, Mateo and Adeline met each other in Manila and got married there on January 3 , 1967. Mateo had to come back to Hawai'i just a week after their wedding on January 10, 1967. Because most of the paperwork were done before their wedding, Adeline was able to follow Mateo to Hawai'i two weeks after their wedding.

When Adeline arrived on Maui in 1967, she and Mateo lived in Camp I, a camp in Sprecklesville near Pā‘ia. It was a camp complete with stores, theater, etc. After a year, they moved to Alabama Camp, a camp located near the Pu'unēnē Mill. Their house had its


Adeline, Madeline and Mateo at the Maui Prince Hotel, Mākena, Hawai'i.
own outhouse, made for two families as a gentle man with a kind heart. but with a divider. Their house rental He always had a smile for me. He was only $\$ 20$ per month including loved to socialize, going to family water. There were lots of activities in parties and 'talking stories' with his the camp according to Adeline. There friends for hours at the Kahului were lots of parties in the clubhouses Shopping Center under the monkey and even chicken fights. They were pod trees. He passed away before he able to slaughter animals in their ever got to meet our daughter but I backyard at that time. Adeline can see his gentleness in her. I am worked at the Maui Pine Cannery as forever grateful that my father was a supervisor until she retired in 2002. brave enough to travel to Hawai'i

Adeline emphasized that accepting and was a hard worker. I owe the life Mateo in marriage at that point in I have to him and my mother." ** time of her life in 1967 was a real Lucy Peros is a retired schoolsacrifice on her part. Her dream and teacher, having taught at St. Anthony goal was to come to Hawai'i to find Grade School and Waihe'e Elementary a better life for her and her family especially for her brothers and sisters. Dreams do come true with Adeline and Mateo. They sponsored their brothers, sisters and their families to come to Hawai'i. They are now all enjoying a better life.
 School. Both of her late parents, Elpidio Cachero Cabalo (a 1946 Sakada) and Alejandra Cabudoy Cabalo of Hâlícimaile, worked for Maui Land and Pine Company. Lucy now enjoys retirement and has time to join other seniors in the Enhance Fitness Program under the DepartAlex Haley, an Ameribook, Roots: The Saga of an American also attends the line dancing class and Family said, "In every conceivable other activities at Kaunoa Senior Cenmanner, the family is link to our ter and joins other Waihe'e School repast, bridge to our future." Mateo tirees when help is needed at the and Adeline in their hearts, truly be- school. Lucy also devotes some of her lieved in Haley's words. time to activities at Christ The King Madeline said this about her par- Catholic Church. She enjoys writing ents: "I remember my father fondly and reading in her spare time.



## Let's Talk Pinoy!

I'm almost going to have a heart attack here. Where are we going? Nanoyin (What) are you planning?" Angel asks worriedly.
"I have an idea. I have a plan," says Michael with a smile on his (face).
"It better be good," says Angel with a series of emotions.
Michael continues to drive and it gets silent in the car. The next half an hour is just driving and silence.
Michael pulls into a dirt road with overgrown grass. He goes outside to open the gate. "This is actually a friend's get away house. It's actually pretty remote and off grid," he excitedly tells Angel until he realizes she is sleeping. They need a place no one can get to. He locks the gate and proceeds down a gravel dirt road. From there he parks on the grassy area.
He wakes up Angel. "Wake up babe," smiling as he says it.
Angel pops open her eyes quickly because she hadn't really been sleeping. She gets up. "Were you sleeping?" he asks. "Of course!" She turns her head. "Where are we, Michael?"

As they get out of the sakyanan (car), he finds a stick and whacks some of the grass out of the way. "Here." A hard thump. As he pushes the grass out of the way, they see an old military hummer.


What now? What is Michael's plan? What is there for Michael and Angel? Keep an eye for the next issue. Please visit us on our Facebook page and leave us a comment or ideas at www.facebook.com/Fil-AmVoiceMaui.

I'm Dulce, helping you to master your Filipino Languages. Like always, let's laugh, let's makinig (listen), and Let's Talk Pinoy! Hanggang sa muli! (Until next time!) Ingat! (Take care!).米

Dulce Karen Butay was graduated from Maui High School and received her Associate in Arts degree in Liberal Arts from Maui Community College. she earned her Bachelor of Science in Business Administration, specializing in Accounting, from the University of Hawai'i West O'ahu. She is currently the Administrative Officer at the County of Maui, Department of Finance. Butay is a licensed Resident Producer of Life Insurance with World Financial Group and an Independent Consultant of Saladmaster. She is now part of Saladmaster's Travel Club and won an all-expenses paid trip to Cancún, Mexico. Butay has traveled to Texas, the Philippines and Thailand as one of the delegates from Island Healthy Solutions, a Saladmaster dealer here on Maui.

## "It's a New Year Time to do your Estate Planning."



LAW OFFICES OF


ALFREDO EvANGELISTA
a limited liability law Company 808.242 .8100


24 Central Avenue $\uparrow$ Wailuku, Maui, Hawaii 96793 Telephone 808.242.8100 $\uparrow$ Cellular 808.294.5510 AlfredoGEvangelista@gmail.com

[^2]

## Hope

from p. 12
lui. Anticlimactic, to say the least; the road ahead seemed quite uncertain and not the best of circumstances to graduate into. Personally, it wasn't an easy season, but whatever challenge, hurdle, or task came my way, I told myself-'Jared, you got this.' And even if you fail-to quote from the movie Zootopia-'birds don't just fly, they fall down and get up."

Agtunong, who now works with the County of Maui as a grant writer in the Office of Economic Development, observed: "Maui County exhibited some of the highest unemployment rates in the country, our visitor industry taking a nosedive, and the fluctuations of COVID-19 statistics have constantly left our community with a rocky sense of stability. Despite all of this, throughout 2021, weathering through COVID-19 surges, drought, wildfires, and flooding-I've witnessed our Maui friends and family coming through for each other in many ways."

2021 brought a lot of reflection by Agtunong: "This past year has left me with three things to reflect on: a
greater appreciation for my island home, the strength of Maui's people to show up for each other and a sense of fortitude that regardless of the chal-lenge-we'll make it through. Maui's people are resilient, strong and resolute, evidenced by our deep sense of the Aloha spirit. But community resiliency is not simply a race of perseverance; it is our ability to withstand adversity and bounce back, which is why I need to pause and reflect on my hopes for the New Year. My hope for 2022, especially for Maui's young adults is that of 'rest, a communal determination to carry on, and courage to jump into adventure, whatever that may be.'"

The journey is what you make of it, as Stanford University freshman Alexis Viloria reminds herself. "For me, 2021 was a journey in itself. Being online all year, graduating and moving to college, the experiences I gained are unrivaled. This being my first year back in person since 2020 (also living in a new place and on my own for the very first time), I have big hopes for 2022. As most people hope, I wish for continued vigilance and education surrounding the pandemic-l'd love to continue having the experiences and see HOPE next page below

## Iti Salun-At Yo |contd fomp.15

some strategies that can reduce your stress levels.

The transition to this new normal will not be easy. A surge in COVID omicron infections during the 2021 December Holiday Season was difficult for us and caused missed gatherings, cancelled flights and absent workdays. 2022 may yield a few more COVID variants and surges and we must stay vigilant and prepared.

A common New Year's resolution is the pledge to 'lose weight' by eating healthy and exercising.
 commitment and resolution to be healthy in 2022 will build our resilience and ensure our success in this ongoing fight against COVID. 粦
Errol Buntuyan, M.D. is a Family Medicine Practitioner and the Physimindfulness and sleep hyHopefully we can all strive to live giene as keys to optimum health and healthier lifestyles by also reducing wellness. He enjoys cooking, playing stress and getting adequate rest. The tennis and travel.

## Kwento 量量 Kwentuhan

## New Year，New You

Liza A Pierce of＂A Maui Blog＂। Рhotos courtesy Liza Pierce

B$y$ the time you are reading this article it will be three weeks into 2022．How is your New Year 2022 going so far？ Did you make a resolution at the start of the year？How is that going for you？

The new year is a great time to think about self－improvement．It nat－ urally is a good time to cast visions and set goals．If by any chance you already fell short of your resolution， do not give up．Step back up or maybe re－think about your strategy and tool for self－improvement．Does simply writing a resolution work for you or do you need to set goals to cast a vision？Or maybe to make things simple，all you have to do is have a＂one word＂to guide you to a better you．

## These days，New Year＇s resolu

 tions have a low success rate． Why？Because New Year＇s resolu－ tions seldom have actionable steps．They are created out of peer pressure based on an arbi－ trary date．When I was in ele－ mentary school in the Philip－ pines，it was a yearly tradition in our school when we returned from our Christmas vacation，our teachers would ask us to write down our New Year＇s Resolution． Did you do that in school too？2．Set Goals．Instead of resolu－ tions，many prefer to set goals for the year（and even 5 year and 10 －year goals）．They think that setting goals are more real－ istic，especially if you set SMART


A real vision board provides a daily incentive every time you wake up and see it． Photo：Liza Pierce

Let＇s talk story about the various ways we have to help us achieve a better us in the new year．Pick one or do them all．The key is to do and not just to plan on doing．So here are the four ways：
1．New Year＇s Resolution．This is a tradition where a person re－ solves to continue good practices， change an undesired trait or be－ havior，accomplish a personal goal or otherwise improve their life at the start of a new year．
goals．SMART goals are specific， measurable，achievable，relevant and time bound．To do this，take some time to reflect on where you are and where you want to be．Writing down the specific goals and dividing them into manageable，actionable bite－sized pieces helps attain it．This is what we do at my office．At the company I work for，we are en－ couraged to set goals．

## HOPE｜from p． 18

learning opportunities available to me in a physically accessible environment． Finally，being in a place I＇ve dreamed of for so long with new friends to join me in my journey，a step backward in our progression towards the end of the pandemic，as we are experiencing now，is scary to think about．I also hope to prioritize my own well－being amongst the chaos that college can be whether it be physically，mentally or emotionally．I＇m looking forward to a new year full of resilience，exploration and care．＂

The resilience of the bamboo is of－ ten used to describe the Filipino peo－ ple．The pandemic has certainly chal－ lenged this belief but in the last two
years，Maui＇s Filipino community has seen the Bayanihan spirit come through．
＂Binhi at Ani＇s motto is to＇Promote the Bayanihan Spirit，＇＂says Agcolicol， president of Binhi at Ani．＂Despite Binhi＇s challenges of being closed and losing its sole source of revenues from rentals，we decided to promote the Bayanihan spirit by creating programs to help the community：the Bayanihan Food Distribution，the Bayanihan Feeding Program and the Bakuna at Binhi at Ani Filipino Community Cen－ ter．In turn，we＇ve been blessed by our sponsors，advertisers，donors and hun－ dreds of volunteers．Binhi at Ani re－ mains hopeful our plans to reopen in 2022 will be fully realized．＂＊＊


What has been your dream of changing but never had the gumption to really follow through with ．．．Try one or all of these methods to stay the course to success． Photo：Liza Pierce

3．One Word for the Year．The process of choosing a word helps you focus on the goals and ac－ tions you want to work on for the next year．It also helps you determine your priorities like whether you will concentrate on family，personal growth，career etc．Carefully selecting a word of the year helps you to gain clarity about the things you would like to create in your life and the way in which you want to live．I started choosing one word in 2017 and have done it year after year since then．Here are some of the words I had： 2017 Listen， 2018 Courage， 2019 Transform， 2020 Align， 2021 Persist．In 2021 I published my first book Maui 2021 and Beyond and it was that one word persist which helped me persevere and not give up on writing the book when times were tough．Yes， one word can help achieve a dream if you stick by it．
4．Vision Boards．A vision board is a collage of images and affir－ mations representing your dreams in a visual way．The col－ lage of beautiful photos，graph－ ics，text and quotes are there to inspire you and to define what you want most．It then serves as a reminder to chase those dreams throughout the year． Many people use a poster board to create and visualize their goals，pasting photos they find
from magazines．You can，how－ ever，also use a notebook，cork－ board or even create a digital version．Vision Boards are fun to do with friends．At the end of the year，gather some friends， bring magazines，pupu and drinks and create vision boards together for the coming New Year．
Whatever way or tool you use to help you improve，do it．The impor－ tant thing is we take advantage of the momentum of New Year to create a better version of you．The New You． Happy New Year！畨

Liza Pierce of A Maui Blog is an Interactive Media Strategist in Hawait＇．


She started blogging in 2006 and she loves talking story online and spread－ ing Aloha around the world．She＇s been living on Maui since 1994 and consid－ ers Maui her home．A wife，a mother， a friend and so much more．She loves Jesus；Maui Sunsets Catcher；Crazy About Rainbows；End Alzheimer＇s Ad－ vocate．Her life is full and exciting here on the island of Maui．Liza is currently the Interactive Media Strategist with Wailea Realty Corp．


| Gillbert |  |
| :--- | ---: |
| S．C． | Keith－ |
| Agaran | holds |
| degrees | from |
| Maui | High |
| School | （1980）， |
| Yale | College |
| （1984） | and |
| Berkeley | Law |

School（formerly Boalt Hall School of Law），the University of California at Berkeley（1987）．He practices law at the Wailuku firm of Takitani Agaran Jorgensen \＆Wildman LLLP．He lives in Kahului with his wife Kallie Keith－ Agaran．

Alfredo G．Evangelista is a graduate of Maui High School（1976）， the University of Southern California

（1980），and the University of California at Los Angeles School of Law （1983）．He is a sole practition－ er at Law Of－ fices of Alfredo Evangelista，A Limited Liability Law Company，concentrating in estate planning，business start－up and consul－ tation，nonprofit corporations，and lit－ igation．He has been practicing law for 38 years（since 1983）and returned home in 2010 to be with his family and to marry his high school sweet－ heart，the former Basilia Tumacder Idica．

## You are invited to join our mailing list

Learn about our vision for Maui Nui and the four pillars of recovery. Become an integral part of the campaign by volunteering or engaging with us at live events throughout the year. Please join us as we march towards the reelection of Michael Victorino For Mayor in 2022.

Go to www.VictorinoForMayor.com


Paid for by the Friends of Michael Victorino. PO Box 3085 Wailuku, HI 96793


[^0]:    The Fil-Am Voice, a newspaper focusing on issues concerning our Filipino American community here on Maui, is pubbished every month by
    Fii-Am Voice Inc. ©2022 Fil-Am Voice Inc. All rights reserved. The Fil-Am Voice is valued at $\$ 1$ per issue. One complimentary copy per person is available at islandwide distribution locations. Multiple copies may not be taken without the permission from the Fil-Am Voice. Disclaimer. The views and opinions expressed in this publication are those of the authors and do not necessarily reflect the official policy or

[^1]:    Stay home for 5 days, After that continue to wear a mask around others for 5 additional days.
    If you can't quarantine you must wear a mask for 10 days.
    Test on day 5 if possible
    fyou develop symptoms, get a test and stay home.

[^2]:    Appointments on Maui or via ZOOM

